

RATANASUTA : THE CHANTING TO EXORCISE COVID-19

**Phra Santas Sinsombat, Phuwadet Sintabsan,
Chairat Tomgsuk and Chiraphot Khwankhong**

Buddhachinnaraj Campus, Mahachulalongkornrajavidyalana University,
Thailand.

Email: Santas.kam@mcu.ac.th

Received: August 17, 2021; **Revised:** September 17, 2021; **Accepted:** October 29, 2021

Abstract

Rattanasuta is a chant to eliminate danger from starvation, pestilence, and undead. Buddhists treat as tradition to chant the sutra in order to eliminate diseases such as asthma. The verses of the sutra, including the sprinkle of holy water of parita with Buddha's power, is extremely powerful. It is able to help dispel 3 kinds of suffering, shortage of food, devil, and disease. As the world knows the new outbreak of Covid-19 virus, humans have to come back and review how to manage, prevent, and confront. This lesson is not the end. Many people die which bring a shock, panic, and fear within the human mind. In Thai society, there is also a talk about chanting the repulsion of Covid-19, which seems to be both positive and negative. Although evidence of rationality could not confirm that there is the Ratanasutra chanting in the Buddhist era. But with the power of the chanting made serious disasters in the past calm abruptly. It reminds one the similarities to the current events that Thai society is facing. Even today, the Thai Buddhist monk still chants the Ratana Sutra every time the Buddha's water is made. That is the reason for the mention of important chanting in society. It is a proof that humans and religion continue to be related in all circumstances, from the past until the present.

Keywords: Rattanasuta; Chanting; Covid-19

Introduction

The absence of disease is a great fortune. Nirvana is extremely blessed. All means to immortality, the eight paths are the paths of the Lord Buddha (Royal Edition 13/287) that the Lord Buddha uttered the time of His Majesty the King. It seems to be something that we are familiar with. For Buddhists who study the dharma because they understand that being without disease is a great fortune. So is the key because actually humans are living things that suffer from illness. Even the happiness that arises from the cure, it

will not lead to happiness in the most blessed nirvana above all else. And there is no way to reach the path to immortality as there are eight bodies that is the description of religion. When returning to look at the present world Mitigation in patients with the disease appears to be initially closest to humans. The question that follows is Then will humans have days when they cannot get sick? To what extent can medical and public health control are difficult to answer. The best thing to do is not to be negligent in life as the most basic. If you have care, make yourself not to be careless The risk of infection is less likely. Nowadays, we must be aware of living under the COVID-19 situation. Which is absolutely necessary And it is true that disease is something that no one wants to encounter, which inevitably can happen. From the situation of the coronavirus disease or COVID-19 It seems to be a clear example.

Disease or rush, in the Pali sense, means stabbing, or something that acts stabbing pain. Condition of the demolitionist. This is the condition that the body does not work normally due to germs, etc. (Dictionary of the Graduate Institute, 1999), from which the situation has caused suffering To create human beings in a broader society Not only in Thailand Even in other countries, it is a very serious crisis. This distress is the whole picture of a society that is subjected to the depressing mood of the present situation. Both the risk of infection Economic income Mass media in various channels, when considered, most of all content content often linked content about COVID-19. In the same direction Human as a social media addict. Therefore, it may be more alarming than the realization if the number of people who have been infected will continue to increase in the future, even though other forms of illness, whether with any form of disease. It is something that no one wishes to happen to him will reduce the quality of life Including work duties, income, living It is a problem of human life which cannot get out of this circle of life In addition to religious observances. it is only guiding the escape of the aging and mortal nation, the transmission of the disease, religiously said that "karma" is part of the cause of the disease caused by karma, that is, action itself, according to the words of the Lord Buddha who spoke of karma "We have our own karma. And is the recipient of that karma. We have karma in origin. Tribal karma having a dependable karma, What karma have we done? Whether it is good karma or bad karma. Of course, the recipient of that karma will continue. "(The Buddhist Tripitaka, Appreciation, 14/289/350) Even when it comes to physical condition, it is like the base of all diseases, which is very punishable. Is it normal? As the Buddha's diction said "This body is already old. Nest of disease only to deteriorate this decaying body will be destroyed, because life has the most death "(Khutak Sect of Dharma, 25/148/78) shows that when there is a body, there will be disease. Disease exists because the body is a living device. That he is actually aware of the body in terms of being an area where the disease lives relieving a feeling of obsession in all things that humanity has to face.

From the foregoing, it can be seen that the Buddhist perspective teaches mankind in life that the human body is home to many diseases. They also need to take care of the people with different methods of prayer, another way is to pray or use the word “prosper” to protect and prevent harm as well. But that prayer is not for the gods, it is one way of inheriting Buddhism And prayer, in addition to keeping the religion, it also benefits the life of the speaker. (Somdet Phra Chao Boromwongtharom Phraya Damrong Rajanuphab, 1968)

Chanting of Rattanasutta in Buddhism

Chanting in that Buddhism For the chant called “Ratanasutta” is a chant that the Lord Buddha declared to eradicate the danger of starvation. Threats from an epidemic, and the dangers of human persecution Buddhists therefore consider it a custom to chant this sutra in order to eradicate ailments such as hematoma, etc. Prayer is the treatment of Buddha's diction in the Tripitaka, and also pray to prevent harm corresponds to Pali as "Parita", then developed according to religious literature and Dikanikaya. It combines the practice of rituals into the guidelines of the ceremony. The chant developed as Phra Wongsacharn analyzes the term Parita in the scriptures of Satdanitipakorn (Dhatumala). It is called Parita, because it is analyzed that protects the fear, danger and obstacles of all animals because by great power (Phra Akharawongsacharn, 2523). There is also a belief that Ratanasutta recitation, or Ratanaparita will get well and free from all dangerous obstacles which can help dispel 3 disasters, which are the dangers that arise from starvation, undead, including disease.

The beginning of Ratanasutta (Khutok, Khutaka sect, 25 / 1-18 / 9-14) when the Buddha era Vesali city famine, the drought rain, the shoots are scattered about. Many townspeople die from starvation and disease called the cholera epidemic. Many bodies had to be taken out of the city. When the undead smelled the dead they flocked to the city disturbing living human, all princess of Lijchawi agreed to invite the Lord Buddha come to the city. When the Lord Buddha reached the boundary of the city of Wesali, the rain falls down all the corpses were completely watered down into the Ganga. And when he came to Vesali, the great gods and gods came. As a result, the undead had to flee Vesali, then the Lord Buddha called Ananda and ordered that before you learn this Ratanasutra holding the sacrifice wandering between the 3-storey fortress of the city of Vesali and the princes of Lijchawee made the Parita. And when the Lord Buddha addressed the Ratanasutta, all undead beings escaped completely, and also all diseases are gone. When the Lord Buddha came, He made encouragement and strong faith "the Lord Buddha has come into the world; the monk has shown dharma for the benefit of the animals. He was very powerful when the Lord Buddha only lowered his feet, all dangers will cease to exist. This

is the belief of every meeting of the princes of Lichawi in Vesali that "Only when the Lord sets his foot down, all perils will cease to exist." It is possible that only the Lord Buddha came and encouraged, even in the work of all sectors to resolve the situation in the future. When the Lord Buddha considered that when addressing of Ratanasutta in Vesali, protection will extend to the universe". The Lord Buddha considered in addressing the Ratanasutta. To encourage the people of the city of Vesali this time that "When addressing of Ratana Sutta in the city of Wesali, the protection will extend to the universe.

In the content of this chant Ratanasutta, the principle of this text was to mention the virtue of the Buddha. The first part was to protect the humans who bring sacrifices during the day and at night. This sacrifice meant making merit according to Buddhism, the second part described the virtue of the Triple Gems as the most precious objects in Buddhism, and the third part proclaimed the deities to worship the Buddha, the Dharma, and the Sangha, also blessed these creatures. It showed that the content as a whole did not represent protection, destruction or eradication of evil in any way, but the content of the Rattanasutra focused on the virtue of the Triple Gems, as if raising the highest values in life to suppress the cause of fear.

Ratana Sutta : Beliefs, and interest in Thai society

Indeed, the chanting rituals of Theravada Buddhism in Thailand are aimed at building faith, namely belief, and including creating wisdom. Some people may have an understanding mixed with the Mahayana Buddhist prayer with a system of cults which included focusing on the approach of praying for the sacred making it impossible to distinguish what the prayer is for, and it may make Theravada Buddhism in Thailand is perceived as teaching all human beings to pray for help and get out of suffering. This is the cause of the distortion and the ignorance of true essence of the religion. Therefore, chanting is to remember, continue, transmit and learn principles of Buddhism (Phra Mahawuthichai Vacharamatee, 2010) with a focus on the understanding of principles of religion, not a request to beg, but for intelligence including the belief and faith in the individual level of the person who prayed.

Issues of interest in Thai society over the past period with the occurrence of the COVID-19 epidemic which was interesting and social trend was the prayer to expel COVID-19 assigned to all temples, both domestic and foreign prosperity to chant Rattanasuta which to prosper and build morale during the country's crisis. Having existed since ancient times, there was a time when the country was suffering from diseases such as the outbreak of the disease. There will be chanting of this Suta because they are believed to help ward off disease, sickness and bad things out off the country. Therefore, it is used as a model to assign every temple to pray this chapter after doing the

evening chanting routine (Thai Rath edition, 19 March 2020). Indeed, the interest in that society starting from expressing the views of the opinions of the senators, the opinion of the senate should pray to ward off COVID-19. From the social trend, it was seen that it was impossible. Until it became a form of new thinking in society meaning of humor or imitation phenomenon in society.

The Knowledge of Ratanasutta in the Covid-19 Situation

The knowledge of Ratanasutta in the COVID-19 situation considered by the principles each aspect could be analyzed as follows.

(1) Knowledge aspects of praying Rattanasuta against the COVID-19 situation

1) The body of knowledge of remembrance of the virtue of the Triple Gem, It was the connection of the spirituality of faith that existed in man to religion. The essential process for humanity was faith meaning belief, and devotion which was rare in modern times. The word faith has four examinations: 1. Karmasaddha, it was belief of karma, and law of karma believing that karma existed, i.e. when doing something intentionally, that was doing and knowing succeeded with karma. It was evil or good in itself. It was a factor that caused good and bad results and continued, having nothing for wasted, achieved through actions not with waiting. Although the future could not be predicted, it was believed that the situation of the COVID-19 outbreak would be solved only by a period of time and practice, according to doctors, suggesting the quarantine of one to two meters apart, only in the home, or accommodation. Do not do activities together, eat hot, spoon of ourselves, wear face masks, and wash your hands regularly. There were symptoms in the range of risks, should report a doctor, etc. All these were actions or karma resulting from faith classified in this aspect, 2. Vipakasaddha, it was belief of effect of karma that there was real. Karma has already been done. Good results came from good karma. Bad results came from bad karma. The consequences of bad karma even though people infected with COVID-19, it was believed that because of not follow the advice of doctors. Did what they shouldn't, therefore they received the infection 3. Karmmassakatasaddha, it is the belief of the world of being having their own karma. The doer was the owner of the karma which would be responsible for the indemnity of their own accept their infection without blaming others. The consequences may come from the retribution of the first immorality, because killing animals and torturing animals, it makes them more likely to be infected or sick. That is because human beings have their own karma, and 4. Tathagata Bodhisatta believes the enlightenment of the Buddha confident in the Buddha image is the most noble thing. Believe in the truth of the Lord Buddha in prosperity, the Rattanasuthan chant with faith in the Buddha It is a total of remembrance of Khun Phra Ratana, namely when he thought of the Buddha Ratana reminded me of the Dharma Ratana, and reminded of the Sangkharatana

in order from the speech in the Tathagata Bodhisatta, etc. It is the subject of all remembrances¹

2) The body of knowledge of making rituals, water, Buddha and mantras to bring happiness and greetings shown in the chant. To witness the transmission of physical contact with the receiver of sprinkled water create a clear appearance in a cool, moist touch. And the setting of faithfulness into the ritual, which is a reference to the truth of the virtue of the jewel, or their own in order to eliminate and dispel suffering that arise on oneself, or someone else. Indeed, the various types of dialogue making in Jataka, commentary, sutra, incantation, dharma, etc. This article will focus on the Jataka and the Dharma incantation which appeared to be Maha Bodhisattva the one who practices charisma to gain enlightenment is the Lord Buddha. The Buddha's Mantra was created for himself to help others (Kalayamit, 2020) for sprinkling water of the Buddha in order to achieve the good faith in Buddhism. Can observe the Thai cultural roots of watering the elders watering in the wedding ceremony, including the Songkran festival which can be observed that there is water as the main ingredient

(2) Prayer aspects in the COVID-19 situation

When describing chanting for the monks, it is a common practice as an important priest. Including the prosperity of the Buddha mantra on important occasions. In addition, there is also recitation on the part of the disciple that has come to Patimokkha which shows that the activities of the Sangha are considered as an important role model for human beings to model, because chanting is a learning that is the power of Buddhism in religion how important. So pray. If it is done with humans, it can have the following results.

1) Prayer is the praise of the Ratana. Inevitably, it can draw attention from the negative to the positive, such as panic, fear of stimuli, conditions of living, economy, etc. When prayer is done, it is the transition from one emotion to another. It's called a mood change. It is a strategy to manage their own minds. They can be used to cope with controlling their emotions in the face of COVID situations. Relieve anxiety and stress can manage ideas helps eliminate all conditions that arise into positive thoughts by humbling the highest virtue as the subject of the mind, causing the power to live

2) Prayer is an encouraging activity in the home. By volunteer activity organizer, or artists who are exemplary in society can create activities in the form of a stay-at-home campaign to stop infection for the nation, easily behaving in the confines of personal space while in detention which fit into the detention situation. Social distance dole can create a stream of prayer, challenge it, and then pass it on to celebrate activities are also possible, because of what people in social media are popular with. It can be observed from past social challenges such as the ice bucket challenge, a charity campaign for the association of muscular weak diseases that is popular in the past, etc., which can

now be seen in the social media applications such as Tictok, Instragram, or Facebook, and the majority of the content displayed in happiness content.

3) Prayer brings people closer to religion, and make humans have a strong mental bond, even in the early stages there may be a negative view of unfamiliarity and need to adapt. To feel that prayer is not difficult. It's not bora or outdated if will be able to schedule this prayer to be a family activity, not limited to one condition, namely prayer during detention, but when there is free time. They persuade each other to do chanting activities on holidays, or on monks day on a regular basis. It can cause a good relationship to happen. Intimacy from common family activities, chanting allows you to know and understand the meaning of chants, to lull the mind and attitude through spelling, reading and reciting the script in a way that may not have been heard. Similar to learning the dharma by means of mukpatha is to recite by mouth which is the form of the method of studying the Buddha's words used in the modern era. Even if you are unfamiliar, having found the prayer chant will greatly facilitate your study. Bringing people closer to religion, however, the individual prayers should be self-contained during detention. Getting past the COVID-19 situation, then it should be adopted and used as a normal present by doing it together within the family.

4) Prayer brings people closer to religion, and make humans have a strong mental bond, even in the early stages there may be a negative view of unfamiliarity and need to adapt. To feel that prayer is not difficult, it is not bora or outdated if able to schedule this prayer to be a family activity, not limited to one condition, namely prayer during detention, but when there is free time they persuade each other to do chanting activities on holidays or on monks day on a regular basis It can cause a good relationship to happen. Intimacy from common family activities, chanting allows you to know and understand the meaning of chants, to lull the mind and attitude through spelling, reading and reciting the script in a way that may not have been heard. Similar to learning the dharma by means of mukpatha is to recite by mouth which is the form of the method of studying the Buddha's words used in the modern era, even if you are unfamiliar, having found the prayer chant will greatly facilitate your study. Bringing people closer to religion, however, the individual prayers should be self-contained during detention. Getting past the COVID-19 situation, then it should be adopted and used as a normal present by doing it together within the family.

5) Life is known with meditation. Because prayer requires concentration, and focus on the prayer, it is the practice of mindfulness which the practice of mindfulness brings many benefits both mundane and moral (Phra Dharma Theirat Mahamuni (Chodok Yanasitthi, 1999) is described in the Tripitaka as "When all the monks have taught the dharma, teach the dharma, recite the dharma as they have heard, have learned to others by eccentricity, then she knows all about the Dharma, knows all the dharma. When Pramote was

joyful, When the joy of the body is calm, When the body is calm, he will enjoy happiness. When you are in good spirits, you will be firmly established”(Tipitaka Thikanikaya Patik, paragraph 11/322/313), may use the method of opening the chant and chanting at the same time. Makes the spelling of words, letters in the hymn better, helping to build Thai reading skills as well.

Therefore, the prayer method was used for the purpose of expelling COVID-19 which is currently spreading. It is a matter that should not be understood as such because prayer can cause COVID-19 that being destroyed is not the main goal. And to compare the example in the modern era with the present, it is beyond human nature. On the other hand, praying for the expulsion of COVID-19 has been devastating to the negative feelings of mankind, panic, and fear. Prayer may ease and fade in those problems. However, it depends on personal beliefs and judgment is required to verify the reasons and actions. The results that arise are individuals unable to expect that to happen in everyone. The results of chanting were not expected to influence the miracles as in the modern era. It is something that should be treated as a true Buddhist.

Cope method, learn according to the Ratanasutta model In the current situation

Cope method, learn according to the Ratanasutta model In current circumstances (Chuan Chuen Akkhavanicha, 2017), it is described that coping refers to the attempt to change a person's thinking or behavior in order to deal with a problem in stressful situations. In general, there are two types of coping. Problem-solving approaches are 1) problem-solving-oriented coping and 2) problem-solving-oriented coping. Problem-solving coping is an attempt to calmly change a situation with a rational approach to problem-solving. Dealing with emotions is a separation from stressful situations. I don't want to face self-control, admitting wrong, includes seeking psychological support. As the Buddha said “Any person who does any act, body, speech, mind and karma is his property. He will lead that karma. Incidentally, that karma would follow him. Like a shadow like that”(Phra Tripitaka Sangyutara, the sect of sect in the current situation as follows

(1) Causes for epidemic response In those days, major events arose from drought. Causing many people to die of food shortages if compared with the situation of COVID-19 Happening in the present, then the initial solution should be managed by first cope with the availability of the masses of the entire turbocharged system It is state-centered and secondly it prepares and tests all types of transport systems. In particular, four factors are: 1. Food, fresh food, dry food, consumer goods. Should not stockpile products causing food shortages in the market. Food to care for infected people and food for doctors, nurses,

treatment. 2. Housing, if you live in the house, you should stay within the house. Not walking on the road and at least 1-2 meters away from members of the house. 3. Clothes and dress completely when the chest outside the dwelling. Allocation of medical equipment to prevent infection (PPE) including masks. Headgear, medical gloves, protective goggles, splashed into contact with the face, and 4. Medicines, alcohol gel, hand wash or floor cleaner

(2) Situation and response during the outbreak In the time of the city of Vesali, it was not hygienic to handle bodies. Therefore, sewage, which is the origin of cholera that spread, will therefore lead to the planning for the administration, namely 1) the government should prepare and test the quarantine system at the special area at the provincial level. 2) prepare and test news communication system work with the Department of Mental Health and a psychotherapist 3) Prepare and test the human behavioral care system in the field of mindfulness, emotional and psychological therapy. 4) Prepare and test labor management. Compensation benefits Social security system that covers both Thai and foreign employers and employees. 5) The government is increasing its strength to invest in promoting comprehensive research on disease outbreak and emergency situations. Prepare and financial institutions equilibrium and economic slowdown supporting financial problems. 6) The government requires that educational institutions increase the role of educating both directly and linking different sciences in the field of lesson and knowledge transcription. Prepare and test both theory and practice. Religious institutions prepare and test methods for building faith in the religious beliefs. Group rituals hierarchical practice of each religion , and 7) prepare and test the management of communication management between public and private organizations in a centralized way with technology.

(3) What human beings should deal. People should comply with the announcements set by the government as a law and adhering to strict discipline In the Buddhist congregation, it should not be too anxious. Should be meditated on the basis of the correct reasons, such as listening to the news, whether it is true or false. Namely, 1) follow the mass readiness response plan of the whole system with state-centered Build confidence in work and promote effective communication between the public and the people. Or sometimes they may reason on their own according to their own false beliefs, including distrust of the media that are: central build confidence in work and promote efficiency in communication between the government and the public. 2) Study, practice, and test the work at home system Prepare an online education system Both new technologies and methods 3) Learn to monitor and screen fake news. This includes attacks on the Internet by reporting risky information on social media in various forms that do not generate fake news issues themselves. Do not forward or share untrustworthy information. Learn how to report data vulnerabilities to social platforms that are used. 5) Realization of self-ethical development.

Corporate social responsibility or do a good role model campaign campaign in society connect yourself with religious principles, promote self-meditation through prayer and meditation practice by practicing prosperity and meditation to alleviate worries and awareness of problems (Angkutara, the Fallen Sect, 23/34/33) 6)¹

Although the proposed approach is one that humans should deal with as they continue to experience this situation. In addition to prayer, the study of the Dhamma practice is a good practice which (Sumana Lepthawee, 2012) conducted a research study that found that practitioners had applied the practice guidelines in a specific form of knowledge and applied in their life after finishing. This practice has resulted in making things in life more thoughtful, working more efficiently, interacting better with family members, colleagues and people around them. Mindfulness before speaking and doing will cause fewer mistakes, or if mistakes occur, they will recognize them quickly and resolve them immediately which is not suitable only at the moment of the event like this, but it is something that human beings should know and apply it as a way of living as well.

Benefits of presenting the Rattanasutta

There are some important considerations: 1) pray to promote emotional feelings. Chanting promotes the mind of the chant as if that mind is the master of the body as a servant. Prayer makes the mind tender and tender. Moreover, for the translation prayer, the prayers will know the meaning of the principle, enhances the feeling of being positive which connects to the attitude and values of life, ethics and good for society. According to research, there have been several places on prayer. Especially the meaning of the chapter of the Ratanasutta It takes the Lord of the Jewels to be an important barrier before all conceit, as if raising the law before the offender the mind that is aware of the meaning and the prayer of praise. The mind is meditating on the perceived meaning which is to stand up against dangers build the armor, that is, faith. When there is a positive spiritual sentiment towards religion, it is something that is easy to study. The principles of practice are even more advanced. Opening the heart is like the first door in the study and understanding of equation and Vipassana. Both of these are called Pawetaphaphatham and Wijachaphakiyatham. In the latter, some scriptures are known as kammattan (Phra Dharma Pidaka, Piyutto, 2004). In the practice of meditation, there will be a meditation body and a practice. Pinning a life that will reach the essence of religion. It is the benefit arising from empirical prayer in society.

2) Prayer is an activity that promotes concentration in the person. It is also used as an activity in line with social distancing, body isolate, and quarantine, because prayer can be performed by a single person in a residence.

Relying on chanting induces concentration and focus on the spell and the meaning of the chant so that there is no other reason to be involved during this period. As long as the mind remains in the time of the prayer counted as protection, not causing distraction or uncomfortable, It is a good lifestyle practice for humans to access meditation enabling that person to gain new experiences in his or her life. It may not be determined that psychological happiness occurs immediately. Because it requires time and regular activities together, that activity will become a measure of happiness and happiness which is in accordance with the Buddhist principles. Because human life should be developed in the physical, mental and intellectual aspects, Inevitably will receive happiness or prosperity according to the development of life (Phra Maha Suthit Apakro, 2015) is that activity that promotes personal development as well. Not only that people who know the mind. Should have consciousness and keep in mind by relying on consciousness to calm the mind up to the point of bringing the mind to the realization causing the mindful to change their thinking into knowing. Therefore, it is able to control the thoughts and contemplate manipulation (Phra Maha Suphan Khitthammo, 2019).

Practice to get the benefit of chanting the Ratanasutta, the focus remains on belief, and even its adaptation to society and human behavior today still needs to be adjusted according to the changing times, but faith and belief which may be viewed as the opposite of an urban lifestyle. This kind of behavior may not suit those who lack faith and belief that might not be the fault of the process, but concrete expectations may not meet these individuals. Indeed, it can be viewed in another way that implementing prayer in a way of life can be considered a learning in another way. Make one's life recognize the value of being solitary, and the gap between society, contribute to the efficiency of work, and reduce the stress that occurs. It also affects the quality of life that is good for their emotional management.

Conclusion

Contents of the Ratanasutta It is for peace in life. It is a mention of the Buddha, Dharma and Sangha, divided into 3 parts which brought sacrifices to make sacrifices both during the day and at night. Especially you of the monks who is a person composed of precepts, has a stable heart, does not have passion, not shaken by the world, and has an immortal Nirvana. And the third part announced to all daemons worship the Buddha, Dharma, and monks to bless these beings. What is happening to the world and Thai society now? We must work together, must be patient, must know the sacrifice, and must know to encourage working people. It is not the time to find fault or to speak sarcastically to discourage workers. Even chanting chants of Rattanasut In a scientific way, although it cannot be proven that chanting the Rattanasutta will be able to help

eliminate the ailments that appear in the present or not. But what cannot be denied is that the chanting of Rattanasutta can truly create the morale of faith and encouragement above all sacred to the people (Prof. Chamlong Ditsayanit, 2000). Buddhism is not only mentioning physical and mental illnesses, but addressing mental illnesses in a modern medical perspective as well. Yet, physical ailments can also result in disease or symptoms of the psyche, as their consequences soon can lead to human problems. And although the dialectics part is about personal rights In particular, in the case of the chanting to expel the David-19, negative or positive results are reflected in the overall effect on all factors such as beliefs and beliefs in a religion, monks or related organizations which appears in any way. It appears in society like that effect correction. The image is not able to find the person in charge. Therefore, in the negative repercussions of humor or becomes an issue in society that joking is not reasonable. It's such a ignorance, as a result, it reflects the freedom of thought and the right to freedom of expression of human thought. It is clearly lacking responsibility for the consequences, boundless, or lacking consideration for the consequences of action. It may be viewed as normal, but a small important point that society has overlooked. It may create problems with religion, beliefs, human culture, and social era in the long run. Form and hide in human behavior and carry forward in the social world, all of this could be called in crisis. But in that crisis, there is an opportunity, although unlike other preventive methods, religion is still waiting for people to prove it to get the answer, and it also reflects that religion can still meet the needs of society. In all eras, as the saying goes, "Arokaya Pramalapa", without disease, is a great fortune (Phra Tipitaka, Mangchimikaya Moonpannas, 1996), which is still true in every age coupled with the human race

References

- Leabtawee, S. (2012). The Practice of Vipassana Practice According to the Mindfulness Approach 4 That Affects the Development of Human Behavior and Emotions: A Case Study of the Introspection Course, Young Buddha Association of Thailand under the Royal Patronage. *Silpakorn Education Research Journal*, 4(2), 243.
- Maha Chulalongkornrajavidyalaya. (1996). *The Thai language Tripitaka*, Maha Chulalongkornraj version. Bangkok: Mahachulalongkornrajavidyalaya Printing House.
- Manager online. (2020, April 8). *Reveal the source of the chant Rattana Sutta to get rid of disease since the Buddhist era.* from <https://today.line.me/th/> Reveal the source chant Rattanasut
- P. Longsomboon. (2540). *Pali-Thai Dictionary*. Bangkok: Arton Printing.

- Phra Akharawongsachan. (1980). *Saddhaneetipakorn (Dhatu Mala)*. Bangkok: Phumphalopikkhu Printing House.
- Phra Dharma Theirat Mahamuni (Chodok Yanasitthip). (1999). *Vipassana Meditation*. Bangkok: Mahachulalongkornrajavidyalaya Printing House.
- Phra Dharmitaka (P.A. Payutto). (2004). *Buddhist Dictionary*. (12th ed.). Bangkok: Producetam.
- Phra Maha Suphan Khitthammo & Suwanwongs, B. (2019). Develop the Quality of Life According to The Principle of Great Stipulation and Formula. *Journal of Graduate Studies*, 7(1), 57.
- Phra Maha Suthit Apakaro. (2015). Creation and development of indicators of happiness of people. According to the teachings of Buddhism Buddhist Research Institute. Design Delight.
- Phra Mahawutichai Wachirametee. (2010). *9 mantra for progress*. Bangkok: Vimutiyalai Institute.
- Siriwisut, P. (2002). Study of mindfulness and development methods for application in daily life. (Master's Theological Thesis. Graduate School, Mahamakutwittayalai.
- Somdet Phra Chao Boromwongtharom Phraya Damrong Rajanupab (1968). *The legend of Phra Parit*. Bangkok: Mahamakutwittayalai.
- Thairath, print edition (2020, April 3). *Organized a prayer Ratana Sutra*. to chase COVID-19.<https://www.thairath.co.th/> Organize a prayer Ratana Sutra
- Variety article. (2020, April 7). *Dharma Today Samakririya Introduction Kalayamitra*, a true friend for you. from <https://www.kalyanamitra.org>