

# CONSTRUCTING THE INTEGRATION GUIDEBOOK OF CHINESE VOCAL FOLK AND YU OPERA FOR TEACHING STUDENT AT ZHOUKOU VOCATIONAL AND TECHNICAL COLLEGE

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## Abstract

The research topic is “Constructing the Intergration Guidebook of Chinese Vocal Folk and Yu Opera for Teaching Students at Zhoukou Vocational and Technical College” The purpose of this study is to study a change in the learning situation of ethnic vocal music and Henan Opera students in Zhoukou Vocational and Technical College under the new teaching guide, and to use qualitative and quantitative research methods to explore. Through the interview of experts, the key informant assessment is reasonable, student sampling questionnaire analysis, the key informant assessment of the feasibility, and their learning, to develop Zhoukou Vocational and technical college national vocal music and Henan Opera has been innovating teaching guide, learning to do a theoretical study, finally concluded that the feasibility of the guide book whether to meet the needs of students at the current level. Research has proved that the guidebook is helpful to students' learning and is a more useful guide tool. According to the suggestions of experts, teachers should use the corresponding teaching framework and theory combined with practical teaching to improve students' learning efficiency. The course lasts 18 weeks, with a total of 36 hours per semester. By comparing the results of the pretest and the posttest, the researchers verified the effectiveness of the teaching guide for folk vocal music and Henan opera in vocational-technical colleges.

**Keywords:** Zhoukou Vocational and technical College; Henan Opera;

Ethnic vocal music; Guide book

## Introduction

In the early days of China's socialist construction, China also paid more attention to the development of music. The state's instruction is that the development of music should show new characteristics in the new era, actively learn from Western music, and create unique Chinese vocal music that conforms to the trend of the times in integrating the characteristics of China's traditional national vocal music (Ding, 2018). During this period, the development of national vocal music paid more attention to the basic skills of musicians and the space for improving the level of singing afterward. Therefore, many music training schools and the entire vocal music industry at that time actively studied the essence between traditional music and traditional opera in our country and constantly improved their learning ability, and due to the limitations of the conditions at that time, vocal music development was very political. However, China's national vocal music continued to develop after the Cultural Revolution, with its vigorous vitality and strong vitality (Guo, 2018).

Moreover, China's national vocal music broke away from the original rigid imitation situation during this period and many new genres appeared, and many singers such as Li Shuangjiang, Ma Yutao, Liu Bingyi, etc., were also deeply loved by people. Although the conditions at that time were very difficult, this gave the people a chance to get close to the idols so that they could face the singers, which at the same time put forward high requirements for the singers' singing skills, and the people's applause inspired their courage and confidence to practice vocal music, opening up a new world for the development of China's national vocal music (Xu, 2016).

## Research Objectives

1. To study Chinese vocal folk and Yu Opera.
2. Constructing the integration guide book for Chinese vocal folk and Yu opera.
3. Using the integration guidebook for Chinese Vocal folk and Yu Opera to teach students at Zhoukou Vocational and Technical College.
4. Evaluation of teaching result by using the integration guidebook.

## Literature Reviews

Present situation of Henan Henan Opera: Chinese Opera Music introduced the musical styles and characteristics of different opera genres in various parts of China, explained the natural, social, historical and cultural background of the formation of the musical characteristics of Chinese opera genres, taught students to correctly understand the traditional music culture of all ethnic groups in the world, including China, and constructed a correct multi-musical cultural outlook and cultural consciousness for students. At the same time, it helped students enhance their ability to express their own musical language and cultivated a generation of Chinese scholars who did not lose their speech in the dialogue of the world music pattern. To help students understand the historical development of Chinese opera, understood and studied the artistic characteristics, performance methods, genres, vocal cavity, trades, music systems, etc. of Chinese opera, broaden students' academic horizons, deepen their understanding and grasp of traditional music varieties of their own ethnic groups, familiarized themselves with and learnt the basic knowledge of each basic category of the discipline, including relevant figures in history and their research objects, thoughts, methods and conclusions, and conceived the possibility of further exploration. Designed and implemented self-selected or teacher-suggested internship research options, emphasized practice, guided students to actually participate, personally experience, and deeply comprehend, guided students to improve their ability to model singing and mastered the charm of opera singing, truly contacted the ontology of music, avoided looking at flowers in the fog, introduced discipline development, cutting-edge topics, and researched trends and information in a timely manner according to the teaching content and progress, organized students to conduct thematic discussions as appropriate, mobilized students' interest and enthusiasm to actively participate in the teaching process, and inspired students to think continuously. Cultivated and shaped high-quality talents with critical thinking and research ability (Yao, 2018).

Research on Chinese Ethnic Vocal Music and Opera Art, the main contents included: an overview of Chinese national vocal music, an overview of Chinese opera art, the historical origin of Chinese national vocal music and

opera, the embodiment of opera elements in Chinese national singing, and the mutual reference between Chinese national vocal music and traditional opera art. It mainly told that national vocal music borrows and absorbed the vocal method of Western canto singing art on the basis of inheriting and carrying forward the essence of national traditional singing art, thus forming a vocal art with national, scientific and contemporary characteristics. This paper intended to put forward his own opinions from several aspects, such as the characteristics of national vocal music, the development history and the cultural effects it produces, so as to express national emotions and show the national spirit (Zhang, 2019).

Research on National Vocal Art expounded whether contemporary national vocal music came from traditional Han folk songs or Western canto, and how to grasp the classification standards of Han folk songs. Questions such as these about national vocal music had been accompanied by contemporary vocal research. In order to clarify the classification relationship of traditional Han folk songs, this paper would study and analyzed several methods of folk song classification and their interrelationships, so as to put forward a rational reference for the overall coordinated development of national vocal art (Liu, 2017).

National Singing and Songs included a total of 636 national vocal works, covering 5 parts: 1. Folk songs; 2. National vocal works created after adaptation; 3. Excellent film and television theme songs and episodes; 4. Selection of some national operas, dance dramas, etc.; 5. Excellent new work. This work was a relatively large collection of national vocal works, the purpose of which was to enrich and promote national vocal art and works, and at the same time to provide convenience for professional and amateur friends who study and study national vocal music, and strove to have full practicality and treasure (Guo, 2018).

National Vocal Music Theory and Art Practice was a glamorous expression of national culture, and the artistic integration of bel canto and musical instruments was a comprehensive form of artistic expression. National vocal performance was a collection of national culture and vocal art, that was, the charm of national culture was expressed through the performance of musical art. From the concept of vocal art, vocal music as the name suggests was to have

sound and music, was the combination of singing and musical instruments, the ancients pursued the integration of performance, so the dance was integrated into it, forming an artistic performance form of song, music and dance (Ding, 2018).

## **Research Methodology**

This research was mixed method research which adopted the combination of qualitative and quantitative methods.

Qualitatively used to study Chinese folk experts, Yu opera singing experts, interview results using descriptive analysis.

Quantitative research is used in teaching to form conclusive tests and summative tests using statistical means, standard deviation (S.D).

Population: 300 students and 9 teachers from the School of Preschool and Art Education of Zhoukou Vocational and Technical College.

Samples: Questionnaires: Randomly select 50 students of national vocal music and Henan opera.

Experimental group: 22 students from the National Vocal Music and Henan Opera Club of Zhoukou Vocational and Technical College.

Key informants: 4 experts in folk vocal music and Henan opera from Zhoukou Vocational and Technical College.

## **Results**

**Chinese vocal folk and Yu Opera:** Researchers learn relevant knowledge from literature and experience taught by experts and scholars, and conduct observation questionnaire analysis on students. Start with theoretical knowledge, put it into practice, use theory as a guide, and conduct pilot teaching in student associations. Experts and curriculum design research groups were invited to discuss and decide to evaluate and teach students' learning outcomes, so as to meet the requirements of college students for national vocal music and Henan opera required by the curriculum standards.

**Constructing the integration guide book for Chinese vocal folk and Yu opera:** This guidebook is taught through teaching activities to students majoring in national vocal music and Henan Opera in the School of Preschool and Art Education of Zhoukou Vocational and Technical College.

The "Voice" course includes two parts, theory and practice, with a total of 140 class hours, and 70 class hours for both theory and practice. The theory class requires students to be able to master the basic knowledge of vocal singing, singing breath, position and articulation, as well as voice protection and the characteristics of young children's voice.

In the practical class, through learning and singing a variety of different vocal works, students can grasp the characteristics of various styles of vocal works, be able to sing vocal works completely, and express the emotions of songs correctly, this course is divided into 4 semesters, with a total of 142 class hours.

First semester, there are 2 class hours per week, focusing on the explanation and guidance of theoretical knowledge in teaching content, including vocal music production, the physiological structure of singing organs, the principle and function of singing breathing, the principle of singing voice and resonance, singing language and the law of application use to lay a good foundation for students' further study.

Second semester, there are 2 class hours per week, and more emphasis is placed on students' practical exercises for music, including correct breathing methods, developing good habits of phrases and breathing, singing with breath support, etc.

Third semester, there are 2 class hours per week, and the teaching content focuses on the basic techniques and skills of singing, as well as the basic control ability of volume, timbre, strength, and speed changes.

Fourth semester, there are 2 class hours per week, and more attention is paid to students' aesthetics and performance of vocal music, including the analysis and application of piano works in different periods, different authors, and different ages.

**The Guide Book of National Vocal Music and Henan Opera is used in the teaching of students in the Pre-school and Art Education College of Zhoukou Vocational and Technical College**

**A Summary of Teaching Guides Based on Guidebooks:** According to expert interviews and questionnaire data collection, based on the construction

of vocational and technical college national vocal music and Henan opera teaching guide frame design is as follows:

**Teaching objectives:** As one of the skill courses for music performance majors, the course "Vocal Music" requires students to be able to learn songs independently, and to have certain vocal singing ability and music performance ability. Through the study of singing songs in different styles, students can master the basic methods of independent learning of vocal songs and vocal music teaching, comprehensively improve students' musical quality, and have the musical literacy that musicians should have.

**Quality objectives:** Through the study of the "Vocal Music" course, students can increase their interest in learning music and improve their musical literacy; through the study of works of different styles from various ethnic groups in China, students can experience the profound Chinese culture, stimulate students' thirst for knowledge, and cultivate patriotism.

**Knowledge goal:** Through the study of this course, students can master the basic theoretical knowledge of vocal music and the characteristics of children's voice. Through the study of various styles of works, students can accurately grasp the style characteristics of different songs, understand the ideological content of songs, and feel the art of songs image.

**Capability goals:** Through the study of "Vocal Music", students can basically master the method of vocal music singing, be able to sing vocal music works completely, accurately express the intonation and rhythm of songs, and correctly grasp the emotions of songs; they can learn vocal music works independently, and students can sing and organize independently Vocal teaching.

### **Using the integration guidebook for Chinese Vocal folk and Yu Opera to teach students at Zhoukou Vocational and Technical College**

According to the content of the teaching guide, the researchers began to carry out the course experiment of the teaching of folk vocal music and Henan opera. The course lasts 18 weeks, with a total of 36 hours per semester, including 8 units with 8 different themes and 2 practical performances. The two courses in each unit are designed to achieve different teaching objectives and are closely related. The first class focuses on the basic skills of singing, and the second class tends to cultivate students' comprehensive ability. The on-site

teaching is a perfect teaching support, which can help students understand the content of the song. The teaching practice performance in the last two weeks is a summary of the semester's learning results, so that the school can test the students' learning results.

### **Evaluation of teaching result by using the integration guidebook**

By comparing the results of the pretest and the posttest, the researchers verified the effectiveness of the teaching guide for folk vocal music and Henan opera in vocational technical colleges. In addition, the researchers obtained more details from the questionnaire data, confirming the satisfaction of students and teachers with the new teaching model. The researchers used SPSS for data analysis and found that most of the students could improve after being trained with the new teaching model. For students, they tend to be actively involved in expressing themselves and focus on preparing the song for further analysis. For teachers, it can help them understand students' real learning needs. In addition, the new teaching mode can strengthen the cooperation and communication between teachers and students, and give students the opportunity to show themselves. The teaching guide of pop songs based on the constructivist teaching method is an important reference for teachers to design their individual teaching plans.

## **Discussions**

The teaching of national vocal music and Henan opera can be traced back to the early 20th century. The significance of the teaching of national vocal music and Henan opera is that we nationalize the traditional east and west, integrate the elements of China and the West or the north and the south, and carry forward and innovate on this basis. "Research on Chinese National Vocal Music and Opera Art" (Zhang, 2019), mainly content includes: an overview of Chinese national vocal music, an overview of Chinese opera art, the historical origin of Chinese national vocal music and opera, the embodiment of opera elements in Chinese national singing, and the cross-reference between Chinese national vocal music and traditional opera art, etc. It mainly tells that the national vocal music, on the basis of inheriting and carrying forward the essence of the traditional national singing art, draws lessons from and absorbs the vocal music methods of the western fine singing art, thus forming a vocal music art with national characteristics, scientific and contemporary characteristics. This article

intends to put forward my own views from the characteristics, development process and cultural effects of national vocal music, in order to express national emotion and show national spirit. Through the research of relevant research articles and expert interviews, it is found that the teaching of national vocal music can also be integrated into the teaching of Henan Opera. The two complement each other and promote the improvement of students' creative thinking in the process of development.

Although each discipline will have different teaching guidebooks, it is still a new attempt to demonstrate the practice of students' abilities in the guidebooks. Based on expert advice, the main core of the design concept is to train students to become active participants. Therefore, we can explore the potential abilities of students as much as possible, instead of focusing on a basic singing skill, and integrate Henan opera singing into national vocal music. According to the current level of students, the difficulty should be carefully considered in the process of teaching guidance. On the one hand, students may feel that the knowledge is too simple, but they will feel bored. On the other hand, difficult knowledge can discourage them from exploring more. Before constructing a teaching guide, researchers should conduct a thorough investigation. In addition, guidelines should be designed as a student-centered model that facilitates group dialogue and develops students' meta-awareness of the understanding and learning process found in Virginia Richardson's perspective summarizing the characteristics of constructivist pedagogy (Xing, 2015).

## New Knowledges

Generally speaking, after two and a half years of training in the school plus practical experience in the first half of the year, students can master relatively stable singing skills, including breathing support, vocal cord application, etc. This is called academic singing. It benefits from a team of highly qualified teachers and a rigorous teaching attitude. However, with the addition of Henan opera singing and techniques, students tend to confuse the pitch position of the voice and the way it is produced. In addition, although there is an excellent Henan opera team as support, the number of Henan opera professionals is limited, which is not enough to meet the needs of students for Henan opera guidance. This is a major problem. In addition, the existing

repertoires are all traditional repertoires without breakthroughs in innovation, and students are prone to boredom. In terms of innovation, since most young teachers are in the field of traditional folk vocal music, there are relatively few operas, and the number of teachers is also low. Great challenge. In order to develop and expand the Henan opera profession, the teaching staff and innovation are a big factor. In addition, more efforts must be made to strengthen teacher training.

## Conclusions

On the basis of literature knowledge, expert interviews and student questionnaires, the researchers began to construct the teaching guidebook of national vocal music and Henan opera in Zhoukou Vocational and Technical College. The designed teaching guide requires students to master various abilities besides basic singing skills, including analytical skills, course requirements, improvement of students' creativity, demonstration of practical ability, etc. According to the suggestions of experts, teachers should use the corresponding teaching framework and theory combined with practical teaching to improve students' learning efficiency. In addition, rational use of interdisciplinary elements can enrich tutors' teaching strategies, increase students' ability to integrate disciplines, and provide a theoretical research basis for going to work.

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