

CONSTRUCTING SHANXI ZUOQUAN FOLK SONG VOCAL TEACHING GUIDEBOOK FOR SECOND-YEAR STUDENTS AT SHANXI NORMAL UNIVERSITY, SHANXI PROVINCE

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Abstract

This research explores the construction of a vocal teaching guidebook for second-year students at Shanxi Normal University, focusing on Zuoquan folk songs, which embody the rich cultural heritage, beliefs, and regional identity of Shanxi Province. Rooted in local traditions and influenced by historical narratives and religious expressions, these folk songs serve as a vital medium for preserving and transmitting the spiritual and cultural values of the community through music education. The purpose of this study was: 1) To study the Shanxi Zuoquan Folk Songs; 2) To construct a Shanxi Zuoquan Folk Songs Guidebook for teaching vocal students at Shanxi Normal University, Shanxi Province ;3) To experiment teaching by using Shanxi Zuoquan Folk Songs Guidebook at Shanxi Normal University, Shanxi Province ;4) To evaluate of teaching effective by using Shanxi Zuoquan folk Songs Guidebook. A mixed research approach was combined with qualitative research (literature review, interview) and quantitative research (IOC assessment, formative, summative, performance testing). The study object are 10 second-year vocal music students from the School of Music of Shanxi Normal University. Research tools included interview sheets, IOC tables, teaching guidelines, formative, summative, and performance tests. **The results show that:** the theoretical knowledge of the historical origin, development process, classification and artistic characteristics are summarized through expert interviews and literature review, and the teaching guide is constructed accordingly. The teaching experiment showed that the students

singing ability of Zuo Quan folk songs was significantly improved. In addition, the performance test results also showed that the students stage performance and emotional expression ability were recognized by the experts.

Keywords: Shanxi Zuoquan folk song; Vocal teaching guidebook; For Shanxi normal University

Introduction

Shanxi folk songs are a shining star in the treasure house of Shanxi culture and art. They record the production and life of the children of the Yellow River raised on the hot land of Shanxi, as well as the ups and downs and sweets, bitters, spicys and salty emotions. As the most representative part of Shanxi folk songs, Shanxi Zuoquan folk songs carry an important historical mission and sing the voice of the people and the horn of the times with simple and pleasant melodies (Xia, 2014).

However, with the development of the times and the progress of society, people's ideas and concepts have also undergone tremendous changes and turning points. The awareness of the spread and inheritance of excellent traditional culture and traditional folk songs is constantly blurring, and Shanxi Zuoquan folk songs are a part of them that is gradually forgotten.

As a literary and artistic worker and a researcher of national vocal music, it should be a personal mission and responsibility to inherit and protect the excellent Shanxi Zuoquan folk songs. It is an obligation and responsibility to inherit and protect Shanxi Zuoquan folk songs with one's own strength. As a vocal music teacher at the School of Music of Shanxi Normal University, this study will take the folk songs of Zuoquan (Zhao, 2006), Shanxi as the center and carrier, design a vocal music teaching guide book about the folk songs of Zuoquan, Shanxi, take the most representative repertoire of the folk songs of Zuoquan, Shanxi as the teaching tool, take the protection and inheritance of the folk songs of Zuoquan, Shanxi as the goal, and conduct theoretical and practical teaching for the vocal music students of the School of Music of Shanxi Normal University, so that the students can not only sing the folk songs of Zuoquan, Shanxi, but also speak the folk songs of Zuoquan, Shanxi, and finally continue

to spread and inherit the folk songs of Zuoquan, Shanxi in their own jobs after graduation. Therefore, this study is of great significance. In the future, this vocal music guide book about the folk songs of Zuoquan, Shanxi can be popularized throughout the province and even the whole country, which will make an immeasurable contribution to the protection and inheritance of the folk songs of Zuoquan, Shanxi.

Research Objectives

1. To study the Shanxi Zuoquan Folk Songs.
2. To construct a Shanxi Zuoquan Folk Songs Guidebook for teaching vocal students at Shanxi Normal University, Shanxi Province.
3. To experiment teaching by using Shanxi Zuoquan Folk Songs Guidebook at Shanxi Normal University, Shanxi Province.
4. To evaluate of teaching effective by using Shanxi Zuoquan folk Songs Guidebook.

Literature Reviews

Shanxi, abbreviated as "Jin", is located in the North China Plate, with a total area of 156,700 square kilometers, belonging to the mountainous plateau, with the terrain high in the northeast and low in the southwest. Shanxi is known as the "Ocean of Folk Songs", and there are many kinds of folk songs and mountain songs. Since 1978, there have been more than 15,000 folk songs collected for the purpose of editing "Chinese Folk Songs - Shanxi Volume". After experts organize Shanxi native folk songs can be roughly divided into five major categories, such as horn, mountain song, rice-planting song, suite of songs, ditty and so on.

Shanxi is located in the Central Plains and is one of the earliest origins of Chinese civilization. Shanxi folk songs, rich in regional characteristics, have been sung by the working people since a long time ago, with rich contents, diverse forms and strong background, highlighting the unique image of the working people in Shanxi as simple and optimistic. There is an inextricable relationship between folk vocal music and traditional folk songs, and traditional folk songs are the original vitality of the breakthroughs and innovations of folk

vocal music, and also guide the direction of the future development of folk vocal music.

Shanxi folk songs, as one of the most primitive music styles, expresses a very intuitive art with strong emotional color, as the source of Shanxi traditional music, both as the musical composition of Shanxi opera and song and as the source of Shanxi folk instrumental tunes. Shanxi folk songs are not only the introduction of Shanxi folk music for music majors in higher education, but also the most basic, content-rich and "angry" course for the inheritance and development of Shanxi's music culture. In the context of today's diversified music culture, it is of great significance to stick to one's own "voice" and develop one's own musical characteristics (Du, 2016).

Shanxi folk songs are rich in subject matter, widely distributed, not only vigorous, but also carrying the art forms of different parts of Shanxi, with high aesthetic value. For example, the classic Shanxi folk song repertoire, such as "Watching Rice-planting Songs", "Embroidered Lotus Bags", "Going West", and "Thinking of Kissing", are not highly absorbed and embodied by the local culture of Shanxi. The unique regional environment and the way of production and life also influence the creation and singing style of Shanxi folk songs. Jinbei folk songs, which are a blend of local characteristics and foreign culture, are loud and clear, high-pitched and mellow; emotional and realistic folk songs are characterized by Jinnan folk songs, which are strong in life situations and rich in expressive subtlety; compared to them, folk songs of the southeast region of Jin are influenced by local operas, while Jinzhong folk songs contain a rich folk culture, with marriage and funeral, folk beliefs, customs and etiquettes, which are all vivid and flexible. Shanxi folk songs are widely distributed, with many varieties, and the styles of each type of song are even more diverse. If the province's diverse folk songs are distinguished from the genre, they can be roughly summarized into five categories: mountain songs, trumpets, ditties, rice-planting songs, and sets of songs (Chen, 2020).

Shanxi folk songs are created by working people in the course of their life and labor and spread through oral transmission. Shanxi folk songs are an integral part of the traditional music of Shanxi, of which more than 30,000 are preserved, and are roughly divided into three categories: mountain songs, trumpets and ditties. Mountain songs refer to a kind of lyrical songs in which

laborers express their emotions in the fields, except for labor trumpets. It is mainly distributed in northwestern Jin and Lviang areas. There are three kinds of mountain songs in Shanxi, namely, "Mountain Song", "Rolling Mat Piece" and "Blossom Tune". Among them, "mountain song" and "blossom tune" are more widely circulated. The most popular of the "Shanqu" is "Hequ Shanqu", such as "cut oat" and "who is that". The more popular "Zuoquan Blossom Tunes" are popular in the area of Taihang Mountain, such as the familiar works, "Cherry is delicious and hard to carry", "Kissing Pimple to Wash Clothes in the River", "Meeting Brother", etc. The "Hequ Mountain Tunes" and the "Hequ Mountain Tunes" are the most popular ones. The style of Hequ's mountain songs is not quite the same as that of "Blossom Tune", with the former being loud and clear, and the latter being gentle and beautiful. The "Reeling mat piece" roughly means free improvisational singing. The "trumpet" is a labor horn, which is a tune produced by people in order to unify their pace and inspire their morale during labor. The ditties are more melodious than the songs and horns, and the tunes are easy to sing, such as the melodious "Embroidered Lotus Bags" and "Embroidered Lanterns". Our province has the largest number of ditties, and the tunes sung in "Yangge" and "Suqiu" are all ditties, and even some of the drums and three-stringed books are ditties. Most of the ditties are sung in the southern, northern and northwestern regions of Jinnan, Jinbei and Jinxi (Li, .2019).

Research Methodology

This study is a mixed research method between qualitative and quantitative experimental research. The first is the research stage, which will use interviews to collect and organize theoretical knowledge on Shanxi Zuoquan folk songs and ethnic vocal music, providing an effective theoretical basis for the mid-term teaching repertoire selection, teaching methods and assessment methods; the second is the teaching experiment stage, mainly using quantitative research methods, using purposive sampling method to conduct experimental teaching of Shanxi Zuoquan folk songs to ten vocal music students who were sophomores in the School of Music of Shanxi Normal University. During the teaching process, the teaching results were tested three times, respectively. It is the pre-test, mid-test and final test. Finally, through the research and data analysis of experimental teaching, the final conclusion of the research topic was reached.

Results

The main purpose of this study is to compile the "Shanxi Zuoquan Folk Song Vocal Music Teaching Guidebook" based on expert opinions, and use this guidebook to conduct teaching experiments and evaluate the teaching effect on 10 vocal music major students of the School of Music of Shanxi Normal University.

The Guidebook is evaluated by the Second group experts. The evaluation includes 10 aspects: guide cover design, vividness of content design, structural rationality, language expression, selection of teaching tracks, teaching emphasis and difficulty, clarity of teaching purpose, diversity of teaching means, systematisms of teaching design, and comprehensiveness of theory and practice.

According to the statistics of experts' scoring data, the final score is $IOC=0.835$, which shows that this teaching guide manual of shanxi zuoquaun folk songs singing is usable and concrete and effective.

According to expert advice, the curriculum should be arranged in strict accordance with the specific contents of the guide. The total class period is designed to be 16 classes, one class per week, each class lasts 90 minutes, and ten students are given vocal music teaching in the form of group classes.

This course is designed with teaching evaluation to conduct a comprehensive evaluation of students' knowledge mastery, understanding ability, after-class practice, and musical performance. This will help researchers understand students' feedback on classroom teaching in a timely manner so as to further master and adjust the course. Practical teaching activities of the guide book.

This course has a total of 16 teaching weeks, with exams in the fourth, eighth, twelfth and sixteenth weeks respectively. The first three exams are formative tests, and the sixteenth week exam is Summative test and Performance test.

The researcher conducted a 16-week experiment with ten second-year vocal students, one lesson a week, 16 lessons in total. In order to further

understand the results of the experiment, the researcher conducted three Formative tests on the students in the 3rd, 8th and 13th weeks respectively, and a Summative test in the 16th week.

Student Number	Formative test (1) (Average score)	Formative test (2) (Average score)	Formative test (3) (Average score)	Summative test (Average score)	Grade range trend	Grade trend
NO 1	64.33	73.67	82.33	84	C→C→B→B	Rise
NO 2	65.67	75	82.33	86.67	C→B→B→A	Rise
NO 3	75	83.67	86.33	94	B→B→A→A	Rise
NO 4	67.33	76.67	81.33	83	C→B→B→B	Rise
NO 5	65.33	76	84	88.67	C→B→B→A	Rise
NO 6	79.67	83	87	95	B→B→A→A	Rise
NO 7	64.67	72.67	84	93	C→C→B→A	Rise
NO 8	65	75.33	87	91	C→B→A→A	Rise
NO 9	64.33	76	81	90	C→B→B→A	Rise
NO 10	70.33	77.67	85.67	90.67	C→B→A→A	Rise

It can be seen from the above icons and analysis that the teaching experiment of "Shanxi Zuoquan Folk Song Vocal Music Teaching Guide" in the School of Music of Shanxi Normal University is very successful. Through the teaching experiment, students' ability to sing Shanxi Zuoquan Folk Song has been significantly improved. This guide the teaching results are remarkable and have strong feasibility.

Discussions

It is an innovation to analyze the results of the interview experts and study the theoretical knowledge of Shanxi Zuoquan folk songs. Local universities first follow the actual situation of the school, strengthen the teacher construction, determine the teacher teaching ability, learn and design the Shanxi Zuoquan folk songs teaching content; Secondly, after repeated demonstration,

the school must arrange the correct teaching plan, select appropriate textbooks, ensure the course content theory and practice, increase the opportunity for students to actual contact with the Shanxi Zuoquan folk songs, so that students really feel their unique artistic charm (Zhang, 2019). At present, there are still a few universities offering Shanxi Zuoquan folk songs courses. Shanxi Zuoquan folk songs is a comprehensive art form, which puts forward high requirements for schools and teachers. This study according to the teaching status of "Shanxi Zuoquan folk songs", combined with the college music curriculum standard (2017 edition), summarizes the desirable experience, reflection, combined with the guidance of the curriculum standard, using the actual teaching suggestions, for is still in the groping stage or plans to open "Shanxi Zuoquan folk songs" module school provide effective reference, promote the development of "Shanxi Zuoquan folk songs" module (Zhao, 2011).

New Knowledges

In the process of Shanxi Zuoquan folk songs teaching, The whole teaching process is divided into four parts. The first is an overview of Shanxi Zuoquan folk songs, including the origin, development, artistic characteristics and representative works of Shanxi Zuoquan folk songs. The second is the singing teaching of Shanxi Zuoquan folk songs, which mainly selects Shanxi Zuoquan folk songs. The nine most representative works in the series, such as "Tao hua hong xing hua bai", "Da suan zao", "Hui ge ge", etc., provide singing teaching on the works from the aspects of sound, emotion, charm, etc.; the third part It is a stage performance training for Shanxi Zuoquan folk songs. It mainly conducts teaching practice from the aspects of stage shape, singing body movements and comprehensive stage presentation. Finally, the students' teaching results are displayed on the stage. Each student chooses the best Shanxi Zuoquan folk song. Stage performances are performed, teaching is graded according to the evaluation criteria, and the evaluation is finally completed.

Teachers need to grasp the following principles throughout the teaching process:

1. The principle of teaching students in accordance with their aptitude is to select appropriate works for each student according to their own conditions during the teaching process;

2. The principle of layer-by-layer progression, the difficulty of teaching should be gradually increased, layer by layer, and teaching adjustments should be made at any time according to the students' learning situation.

Conclusions

The study successfully compiled and evaluated the Shanxi Zuoquan Folk Song Vocal Music Teaching Guidebook*, demonstrating its effectiveness in enhancing students' vocal performance. Expert assessments validated the guidebook's structure, content, and instructional design, yielding an IOC score of 0.835, indicating high usability. The 16-week teaching experiment with second-year vocal students showed consistent improvement, as reflected in their formative and summative test scores. The students' progress highlights the guidebook's impact on mastering Shanxi Zuoquan folk songs through structured, practice-oriented lessons. These findings affirm the guidebook's feasibility as a valuable resource for vocal music education, preserving and promoting regional folk traditions.

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