

# THE CHORUS COMMUNITY MUSIC ACTIVITIES FOR ADULT FUJIAN, CHINA

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## Abstract

Community music is an important form of expression of community cultural life in my country. The development of community music can promote the process of building a harmonious society. Spontaneity, randomness, and collectiveness are the main characteristics of community music activities. There are many outstanding problems in the development of social music. Social music organizations lack financial and human support; social music activities do not have a complete management organization and guidance organization; social music infrastructure needs to be improved. The objectives of this research to study Chorus Community Music Activities in Fujian, China. This study is a qualitative study on by studying documents and taking up storage space. The research tools are the questionnaire survey and Non-Participant Observation To understand analyze the characteristics of Chorus Community Music Activities in Fujian.

The results of the research found that Music activities to facilitate the elderly and people in the community Current situation of The Chorus Community Music Activities for Adult, Fujian, China. Inherit the chorus music culture based on the community platform, and promote the in-depth development of music education. Provide support and guidance to choral music education with the help of school and community resources. The influence of chorus on the physical and mental health of the aged.

**Keywords:** The chorus community, Music activities, Adult, Fujian

## Introduction

**Background of the Study:** Fujian Province, abbreviated as “Fujian”, is a provincial-level administrative region of the People's Republic of China. Fuzhou, the provincial capital, is located on the southeast coast of China, adjacent to Zhejiang Province in the northeast, Jiangxi Province in the northwest, Guangdong Province in the southwest, and Taiwan Province across the Taiwan Strait in the southeast, with a total land area of 10,000 square kilometers.

Fujian Province is located at the crossroads of the East China Sea and the South China Sea, the starting point of the historical Maritime Silk Road and Zheng He's voyage to the Western Ocean, and is also a maritime trade distribution center. The terrain of Fujian Province is high in the northwest and low in the southeast, showing a situation of “mountains and seas”, and the mountainous and hilly areas in the territory account for about the total area of the province, spanning the four major river systems of the Minjiang, Jinjiang, Jiulongjiang and Tingjiang, and belong to the subtropical maritime monsoon climate.

Rising of elderly people in China and music can increase standard of living in elderly people. With the development of economy and medical treatment, the average life span of our country is continuously prolonged. China Development Report 2020: Trends and Policies of China's Aging Population released by the China Development Research Foundation said: “The period from 2035 to 2050 is the peak stage of China's aging population. It is predicted that by 2050, the elderly population aged 65 and above in China will reach 380 million, accounting for nearly 30% of the total population. The number of people aged 60 and above will be close to 500 million, accounting for more than a third of the total population.”

Music is also a link, which can organize the disorganized old people orderly through various forms of music. Let the elderly who have been separated from society integrate into society through music. A choir of senior citizens, for example, can talk about their parents while singing about their country. The majority of middle-aged and elderly people who participate in the choir can lead the family music education.

In the chorus activities attended by more than 170 foreign choirs, when we learn to sing famous songs of various countries and exchange experience, the common staff is music, but most Chinese people do not know music, completely unable to participate in the activities of exchanging feelings with people of all ethnic groups through singing, can only clap and giggling.

## **Research Objectives**

1. To study Chorus Community Music Activities in Fujian, China.

## **Literature Reviews**

**Chorus Music Activities:** The concept of choral activities and choral activities for the elderly Chorus refers to a collective singing art form composed of two or more parts; it includes two types of mixed chorus and simultaneous chorus; the chorus form is a kind of cooperation and cooperation between many human voices. Collective activity is also an art form that uses the strengths of each part of the chorus to create overall sound, express thoughts and emotions, and shape the image of music. Choral activities are collective social activities with chorus as the main content. The elderly chorus activity is the chorus collective activity of the elderly group.

Liang Xueqin (2022) had done research on the Nanhu Practice of Building Zhejiang "Song City" Chorus Brand topic. find that Based on the innovation and practice of mass choral activities in Jiaxing Nanhu, this paper elaborates on the formation and development of the "Song City" brand from the aspects of formulating policies, evaluating and upgrading, expanding the platform, and paying attention to training, and puts forward new thinking on the four aspects of the development of the choral team, the platformization of the activity position, the systematization of personnel training, and the branding of the choral activity, so as to provide reference and reference for promoting the popularization of mass choral activities in various places and the construction of brand-type choral teams.

Chorus, as a form of performance, is also a very expressive music carrier. It has an important practical role in humanistic quality education. The chorus members integrate their voices through unified and standardized voice training, so that the collective consciousness is gradually enhanced and the professional quality is gradually improved, Li Yuchen (2017).

Community Music Activities: Community Music Activities Program 1 In order to prosper the community culture, enhance the cultural taste of the community, and enrich the spiritual and cultural life of the residents, the community is based on the principles of grandness, enthusiasm, frugality and practicality. After research and decision, the community will hold a celebration with the theme of “the party flag leads Longquan and builds a beautiful home”. The anniversary of the founding of the party and the 8th community cultural festival with the theme of “Longquan Cultural Banquet, happiness for you, me and him”. In order to ensure the smooth progress of the event, this plan is specially formulated. Guiding ideology Guided by the scientific concept of development, we will carry out in-depth activities of creating first and competing for excellence. Taking advantage of the east wind of creating a civilized banner county in the autonomous region, combined with the community characteristics of “Cultural Longquan”, we will carry out various forms and rich content of cultural activities for community residents to spread advanced culture. To promote the unity of the neighborhood, to meet the growing cultural needs of the community residents, to advocate a healthy, civilized and scientific way of life, to form an equal, fraternal and harmonious social fashion, to inspire and motivate the majority of party members and residents in the community to create a happy life and a better future together, Make our positive contribution to the creation of the civilized banner county of the autonomous region.

Community education is an important part of social education, which is widely present in the community places where we live and live, and can be said to be an important and effective form of realizing “lifelong education”: in a certain area, the organized use of various educational resources to improve the overall quality and quality of life of all members of the community. Community music education has a long history. In June 1953, the International Society for Music Education, an international organization for music education under UNESCO, held its inaugural conference in Brussels, Belgium. The theme presented at the congress was “The role of music in youth and adult education”. Egon Krauss, Chair of the Community Music Activities Committee, made suggestions for strengthening music education in the community, arguing that it is necessary to resume playing and enjoy music in community life and make it an indispensable part of community life.

Beginning in the early 90s of the 20th centuries, Weber, an academic expert on the Community Music Activities Committee, after 10 years of

investigation and research on community music activities and community music education, considered community music activities to include both formal and informal music activities. In North America, these areas of music are interdependent or mutually influencing, and community music is always formed and developed in a special social context. Therefore, he raised several issues that should be paid attention to when implementing community music projects: Genre of music in the Community Music Program: The central topics of the Community Music Program include active musical activities, performances, compositions and improvisation. Various types of music are allowed to coexist, all of which may be part of culture and art. Intention of implementing the Community Music Program: The Community Music Program is characterized by an emphasis on lifelong learning and participation for all, as well as the therapeutic role of music and art and the enhancement of social morality, and the development of human creativity. Participants: Community Music features a wide range of participants through thousands of community music programs around the world. It uses different programs to accommodate people of different ages, cultures, abilities, socio-economic backgrounds, political and religious beliefs.

## **Research Methodology**

This study is a qualitative study, the studying documents and taking up storage space. The research tools are the questionnaire survey and Non-Participant Observation, to understand analyze the characteristics of Chorus Community Music Activities in Fujian.

## **Results**

Current situation of The Chorus Community Music Activities for Adult, Fujian, China: In order to commemorate the founding anniversary of the Communist Party of China, carry forward the fine traditions of the party, and unite and forge ahead, the community choir is held in conjunction with the community With the theme of "Always Follow the Party", it aims to learn to sing classic songs and fully demonstrate that the citizens of our community love the motherland, socialism, and the Communist Party of China, and actively pursue a noble life, elegant aesthetic taste and outstanding artistic talent." Always follow the party" chorus activities in the whole region. The time is 2:00



**Figure 1:** Chorus Community Group in Fujian source: Song Zengqing,2022

pm on July 1st, and the location: Cultural Square. Performance form and content: Songs: chorus, solo, both are acceptable. Each performance team or individual can sing two songs, and the two songs should not exceed ten minutes. It can also be in other forms such as poetry recitation or allegro, as long as it sings the motherland regardless of the form can participate in the registration. Registration call.

Today's Fujian Chorus still has some deficiencies. Now, many knowledges are shared, but there are many deficiencies in the mutual opinions and consensus of many professional chorus art categories, and the consensus and reference are not enough. Chinese choral art was first introduced from western countries, so there are many places in Chinese choral art to learn from Western choral ideas. However, in order to make the reasonable and efficient development of choral art, we also need to absorb and change the localization of Western choral art. Although many Western choral works, creative techniques and performance abilities are worth thinking about Study and explore. However, if we want to develop chorus in the future, we need to open up more channels, combine Chinese and Western chorus in the process of learning and research, and have a scientific understanding of world chorus as much as possible. Of course, it is also very important to learn the advanced chorus teaching methods in the West.

Inherit the chorus music culture based on the community platform, and promote the in-depth development of music education. Music culture is conducive to the community implementation of a higher level of cultural construction, and plays a positive role in promoting the construction of a harmonious society. Choral music culture can highlight the cultural connotation of the national spirit, and promote more people to feel the charm of chorus music culture, which needs to inherit and innovate its development. Fujian region has a rich chorus music culture, which, on the basis of reflecting the distinctive regional cultural characteristics, shows the unique cultural cognition, and shows the folk customs and culture and art of Fujian region, reflecting the distinctive artistic characteristics. In my opinion, Fujian region should inherit the chorus music culture based on the community platforms and promote the in-depth development of chorus music education.



**Figure 2:** Chorus Community Group in Fujian source: Song Zengqing,2022

Provide support and guidance to choral music education with the help of school and community resources. Community chorus music can improve the overall cultural quality of residents, but also can cultivate the noble sentiment of residents, and has a strong construction value. However, through investigation, the study shows that the chorus music culture reflects the characteristics of introverted and graceful, and lack of singing interaction with the audience.

However, the multicultural culture has played many influences on the construction of the community music culture. In the community construction filled with hip-hop music and rock music, the chorus music culture has not been effectively inherited and innovatively developed. Therefore, in this opinion, in order to integrate the chorus music culture and the community construction, we should not only inherit the traditional music culture based on the community platform, but also provide support and guidance for music education through schools and community resources.

The elderly who participates in chorus activities have both physiological and psychological benefits. Some scholars point out that chorus plays A positive role in regulating respiratory system, circulatory system and nervous system, as well as emotion, memory, willpower and communication ability.

Taking part in choral activities is beneficial to society among the elderly. Participation in chorus activities has an impact on the social environment of the elderly, which has been recognized by scholars at home and abroad. Chinese scholars believe that the internal cause of the elderly's participation in chorus activities is the habit formed by Chinese collectivism collective life.



**Figure 3:** Chorus Community association in Fujian source: Song Zengqing, 2022

The influence of chorus on the physical and mental health of the aged. Participation in choral activities has a positive impact on the overall quality of life of the elderly. The elderly who participated in choral activities showed better health status in three aspects of overall quality of life: psychological,

physiological and social environment. Participation in chorus activities not only brings great benefits to the physiological, psychological and social aspects of the elderly, but also their influence on the overall quality of life of the elderly is not just a simple sum of mathematics. Each field has multiple impact meanings, which can exist as a set to improve the overall quality of life of the elderly, or it can be said that they amplify each other's role.

## Discussions

Current situation of The Chorus Community Music Activities for Adult, Fujian, China today's Fujian Chorus still has some deficiencies. Now, many knowledges are shared, but there are many deficiencies in the mutual opinions and consensus of many professional chorus art categories, and the consensus and reference are not enough. Inherit the chorus music culture based on the community platform, and promote the in-depth development of music education Fujian region has a rich chorus music culture, which, on the basis of reflecting the distinctive regional cultural characteristics, shows the unique cultural cognition, and shows the folk customs and culture and art of Fujian region, reflecting the distinctive artistic characteristics. In my opinion, Fujian region should inherit the chorus music culture based on the community platforms and promote the in-depth development of chorus music education.

## Conclusions

Provide support and guidance to choral music education with the help of school and community resources Community chorus music can improve the overall cultural quality of residents, but also can cultivate the noble sentiment of residents, and has a strong construction value. However, through investigation, the study shows that the chorus music culture reflects the characteristics of introverted and graceful, and lack of singing interaction with the audience. However, the multicultural culture has played many influences on the construction of the community music culture. In the community construction filled with hip-hop music and rock music, the chorus music culture has not been effectively inherited and innovatively developed. Therefore, in this opinion, in order to integrate the chorus music culture and the community construction, we should not only inherit the traditional music culture based on the community platform, but also provide support and guidance for music education through

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