

## The Buddhist View on the Human: A Brief Analysis

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### Introduction

The interest among the human to find answers related to living creatures, the structure and the existence of the outer world had begun during the early period of the mankind. Through the process of answering these questions, many different religions and philosophies have emerged across the world. Since the man can surpass all the other living beings in both the aspects of thinking and communication ability, he is considered to be the most superior creature and a brief outline of the Buddhist view on man or individual has been presented below.

### The word “Manu\$ya”

The word “Manu\$ya” (man) has been derived from the Sanskrit word of “Manu” which means the one with the nature of thinking. In the Sanskrit, the suffix “u” from the root “man” is used to produce the sound ‘manu’ and the suffix ‘a’ from the root ‘shi’ which means “to come up” from the suffix ‘manu’ which means born from him, forms the sound “Manu\$ya” (Dhammarakkhitha, W., 2012: 129-139 pp). Also, he is called “Manu\$ya” because he is superior in thinking compared to other living creatures (Davides, R., 2007: 520 pp). It is evident that the Pali definition of the person or human being is closely related to the Sanskrit definition (Manassa Ussannatāya manussā). According to Vedic literature, the progenitor of man is called "Manu". Hence 'Manuja' is also used for man (Dhammarakkhitha, W., 2012: 129-139 pp). The descendants of 'Manuja' born from Manu are called “Manu\$ya” or Manu\$ā (human beings) (Davides, R., 2007: 520 pp). (Manu no apaccāti manussā). Thus, due to the higher caliber of thinking ability the word “Manu\$ya” has been used in the old languages to refer to the human. The term human does not only refer to male, but also to the female and male equally or to distinguish humans from the rest of the living creatures. Often the term child means the son or the daughter (Puttā vattu manussānam) in the Pali canon. There is various

synonym to the term of “Manuṣya” including **Nara, Manuja, Machcha, Porisa, Porisada, Manavo, Poso** etc.

It is said in Buddhism that it is extremely rare and difficult to be a human (Dullabhaṁ ca manussattaṁ) in this endless Saṁsara, which cannot be seen, felt or imagined (Anamataggoyaṁ saṁsāro). In Buddhism the priority had been given to the thinking of the man instead of subjecting him to the difficult and tedious process of exploring the essence of the relative world around him, which is a metaphysical, tangible, God-centric experience. Accordingly, the interpretation of Buddhism is that it is up to the individual human being to achieve the ultimate goal.

‘Satva’ is someone who is attached. ‘Shakta, Satta, Sattva’ mean attachment (Sumanawansha, N., 2008:32-36 pp). It is the basic form of the living creature to attach to the Samsara through lust, hatred and delusions. When Radha Thero asked the Buddha why someone is called as a form of an animal, the Buddha replied “If there is any kind of desire, lust or attachment to a form, that person can be called as a Satva. The Samsara Cakra (Circle of Samsra) of a person is determined by the nature of the meritorious deeds done by himself. Thus, there are five stages of birth (Pañca gati) according to the meritorious deeds performed by every living being.

“Katamā ca bhikkhave, kammānaṁ vemattatā?, atthi bhikkave kammaṁ nirayavedaniyaṁ, atthi kammaṁ tiracchānayoni vedanīyaṁ, atthi kammaṁ pettivisaya vedanīyaṁ, atthi kammaṁ manussaloka vedanīyaṁ, ayaṁ vuccati bhikkhave kammānaṁ vemattataṁ”, (A.N. Nibbedika Sutta).

Deva Loka	Sugathi (heaven)
Manussa Loka	
Petha Loka	Dugathi (hell)
Thirisan Loka	
Niraya	

Based on one’s Kamma, creatures are born into one of these Pañca gati (Five stages). Among the Pañca gati, the human world is the supreme. Creatures and humans are born and die as per their desires. It is due to their desire of lust, worldly life and aspirations. These desires give birth to Bhava or life,

“Yayaṁ taṇhā ponobhavikā nandirāga sahagatā tatratastrābhinandati seyyatīdaṁ kāma taṇhā bhava taṇhā vibhava taṇhā” (D.N., Mahāsatipaṭṭhāna Sutta).

The man is a worldly (Bhavagāmī) animal or being. The desire to be born in a specific world is known as Bhavagāmī. The way to avoid becoming Bhavagāmī is to deplete desires without leaving any trace. Similarly, all other creatures (beings) are denoted by sattva or animals, except the noble ones who have reduced their desires. Arhants do not become sattvas because they have no desire or idea to be reborn (Sumanawansha, N., 2008:32-36 pp).

A being who is unable to get rid of cravings accumulating merits (Puññābhi sañkhāra), accumulates sins (Apuññābhi sañkhāra), and acquires things that do not belong to both merits and sins (Aneññābhi sañkhāra), is called rebirth or Bhavagāmī. To be born as a human among Bhavagāmī other beings is extremely rare (Dullabhañca manussattaṁ). One day the Buddha has stated to Monks as follows, ‘Dear Monks, do not delay. Enlightenment is rare. Humanity is rare. Priesthood is rare’. The Buddha has preached five (05) rare things in the world emphasizing that those opportunities should be taken advantage immediately.

“Bhikkhave Appamādena sampādetha  
 Dullabho Buddhappādo lokasmiṁ  
 Dullabho manussatta pañilābho  
 Dullabhā khaṇasampatti dullabhā pabbajjā  
 Dullabhaṁ Saddhamma savaṇaṁ” , (S.N., Kasībhāradvāja Sutta).

Achieving life among creatures due to the attachment to greed is as difficult as a blind turtle trying to see the sky through a hole.

“Khippataraṁ kho so bhikkave, khāṇo kacchapo amusmiṁ ekacchjiggale yuge gīvaṁ paveseyya ato, dullabhatarāhaṁ, bhikkave manussattaṁ vadāmi”, (M.N., Bālapaññādita Sutta).

Similar to a man dropping a stick with a single hole into the sea, the stick is flowing to the west with the wind blowing from the front, with the wind blows from the west to the east, with the wind blowing from the north go in the south direction, and the wind blowing from the south goes in the north direction, the Buddhism described that the acquisition of human qualities among other living beings is an extremely rare and complicated one, just as a blind turtle that lives in that sea in a hundred years bursts out of the water and lays its neck on that one-hole stick,

“Seyyathāpi bhikkhave puriso ekacchjiggalaṁ yugaṁ mahā samudde pakkhipeyya, tamenaṁ puratthimo vāto pacchimena saṁhareyya, pacchimo vāto puratthimena saṁhareyya, uttaro vāto dakkhiṇena saṁhareyya, dakkhino vāto uttarena saṁhareyya, tatrassa kāṇakacchapo, so vassatassa vassatassa accayena sakiṁ ummujjeyya”, (M.N., Bālapaṇḍita Sutta).

Among the living creatures, the human being is considered as the creature that can glorify the divine and human world ‘Sadevakasmīṁ lokasmīṁ natthi me paṭipuggalā’, (D.N., Sakkapañña Sutta). Accordingly, Buddhism has used various approaches to explain the nature of the human being. As per the Buddhist view of the individualism, ‘I’ is the context or center of the phenomena called the person. Learning about this ‘I’ is the Buddhist view of the individual. Brahmins and other religions such as Hinduism, Judaism, Islam, and Christianity, which accepted that man is a creation of God, state that the individual is a living unit that functions as a combination of the trinity of body, mind and spirit (Hettiarachchi, D., 2006:689-698).

Buddhism is a religion that rejects the creation of gods and subjectivism about the individual and the relative world around him. The analysis of nominal-form during the Buddha's time reveals the Buddhist view of the human. The nominal – form means the body and the mind. Nominal is the mind and the intangible, invisible immaterial aspect of the individual is called mind. Form is the body. This includes the tangible physical aspect of the person. The human is a combination of mind (mind) and body (body). There was also a theory that recognized the non-existent entity (soul) of body and soul as separate unities. This view is also being excluded in Buddhism (Hettiarachchi, D., 2006:689-698). These two forms cannot and do not exist individually. The Buddha has explained this fact as follows in Naṭakalāpa Sutta, ‘Dear Monks, just as they plant two bundles of reeds together, so is the wisdom of the nominal suffix and the precise suffix of the wisdom’,

‘Seyyathapi āwuso, dve naṭakalāpiyo, aññamaññaṁ nissāya titthesu, evameva kho āvuso, nāmarūpapaccayā viññāṇa, viññāṇa paccayā nāmarūpaṁ’, (S.N., Naṭakalāpa Sutta).

The man was created by a mutual correlation of nominal and form. When these two do not exist, then there is no person. A body without wisdom is similar to a discarded stick (Chuddo apetaviññāno niratthaṁ va kaliṇgaram). Thus, the Buddhist analysis of the human is well known through the analysis of nominal and form.

The theory of ‘Skhandha’ is also to be mentioned while talking about the Buddhist interpretation of the human. According to that, a human is a collection of five parts (masses). As per the Vajira Sutta of the Samyutta Nikaya, it is shown that the union of creatures forms a human, just as the joining of elements makes a car,

‘Yathāhi aṅga sambhāro – hoti saddo ratho iti

Evaṁ khandhesu sattesu – hoti sattoti sammuti’, (S.N., Wajira sutta).

The Buddhism has presented various interpretations such as form, suffering, sense, wisdom etc. Khandha Sutta, Vibhanga Sutta, Khajjanīya Sutta, Bahuvedanīya Sutta and so on suttas highlighted among them.

According to the Dhātu Vibhanga Sutta of the Samyutta Nikaya, the human is created from the combination of six Dhātu, namely Paṭhavi Dhātu, Āpo Dhātu, Tejo Dhātu, Vāyo Dhātu, Ākāsa Dhātu and Viññāna Dhātu (Hettiarachchi, D., 2006:689-698). In the nominal analysis, the parts were divided into four parts called Vedanā, Saññā, Saṅkāra, wisdom and the form part is divided into five called Paṭhavi, Āpo, Tejo, Vāyo and Ākasa. It can be seen that by dividing the nominals and forms more precisely, a strong emphasis on that there is nothing called soul in it (Kalupahana, 1992: 72). And it is also important to note that the materials as well as the masses have been interpreted as something that has a connection to the human experience (A.N., ṭhāna sutta). The Buddhist view of the human has been explained considering nominal or body as the physical basis and form or mind as the untouchable basis. Through conversation and living closely with someone, one can understand the nature of that person.

1. Samvāsena Bhikkhave sīlam veditabbaṁ

(One should be understand the virtue of someone by living closely)

2. Samvoharena Bhikkhave soceyya veditabbaṁ

(One should know the purity of someone by conversing)

3. Āpadāsu Bhikkhave thamo veditabbaṁ

(One should be courages in times of calamity)

4. Sākaccāya Bhikkhave paññā veditabbaṁ

(One should know the wisdom through discussion)

According to the way of conducting one’s life, there are also analyzes of the person who have more inclination towards committing sins and who are not. 1. A person with faults (Yāvajja) 2. A person with more faults (Vajja bahula) 3. A person with less faults (Appavajja) 4.

A person with no faults (Anavajja). Perfectly upright persons are very common among those who have quenched their greed. People who make less mistakes are righteous people. Acts carried out based on the status of the mind determine whether the person will go heaven or hell. Thus, the mental status of a person is one of the main concepts that Buddhism focused on. According to the status of the mins, a person can be categorized into three.

1. A person with a mind like an old forest (impure)  
(Arukūpamacitto puggalo)
2. A person with a mind like lightening (fast)  
(Vijjūpamacitto puggalo)
3. A person with a mind with a hole (transparent)  
(Vajirūpamacitto puggalo), (Wijithathissa,K., 2011: 176-190).

Restrain and purity of the word is more important among the main attributes that determine the thinking and conduct of a virtuous person (Sādu vācāya saṁvaro). According to Pali Niti literatre, a person should be pure not only in his mind and body but also in words. Bees like flowers. Their entire lifeline is intertwined with the flowers. Flees like bleeding wounds. Because their existence depends on it. A virtuous person is fond of good virtuous behavior as a bee is fond of flowers. A bad person likes vicious behavior as a flee is fond of blood and pus.

‘Bhamarā pupphamicchanti – Pūtimihchanti makkhikā  
Sudanā guṇa micchanti – Dosamicchanti dujanā’, (Mahinda, 2019: 42)

## Conclusion

The living beings or creatures that wander in the endless cycle of samsara are again and again subjected to birth, disease, suffering death. According to Buddhism, the human is a worldly animal. The essence of Buddhism about the person can be understood through the correlation of norms and forms, explanation of the body and analysis of elements. And also, the Buddhism says the thinking and conduct pattern of a person will determine if his next life will be directed towards heaven or hell.

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