

# **Constructing the Guidebook of Huagudeng Folk Music for Teaching Folk Music Major Student at Fuyang Normal University, Anhui Province, China**

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## **Abstracts**

Originating and popular in the middle reaches of the Huaihe River, the Huagudeng is an ancient local song and dance art in China. It is the most representative and typical folk song and dance of the Han nationality. The research purposes were 1) To study the Huagudeng folk Music from the experts. 2) To construct the guidebook of Huagudeng folk music for teaching folk music major student at Fuyang Normal University, Anhui Province, the People's Republic of China. 3) To experiment the guidebook of Huagudeng folk music for teaching folk music major student at Fuyang Normal University. 4) To evaluate the guidebook of Huagudeng folk music for teaching folk music major student at Fuyang Normal University. The methodology was mixed method research which combining of qualitative and experimental research methods. The population for experimental research was are 80 sophomore students majoring in national vocal music in the College of Music and Dance of Fuyang Normal University. The sample was 20 sophomores majoring in music education in Music and Dance College of Fuyang Normal University were randomly selected.

The research result was 1) students should learn the basic knowledge of Anhui Huagudeng folk music, genre knowledge and Anhui Huagudeng famous repertoire. 2) . The first part is to learn the basic theoretical knowledge of Anhui Huagudeng music, including the origin of Huagudeng music, the development history of Huagudeng music, the performance forms of Huagudeng music, the singing methods of Huagudeng folk songs and singing 10 famous Anhui folk songs. The second part is the practical training of Anhui Huagudeng folk song singing, including singing the lyrics, pitch rhythm, singing skills and local language pronunciation of each song. 3) There are 16 courses in the course plan 4) the teaching effect of teachers after the implementation of Anhui Huagudeng folk song teaching guide has been significantly improved.

**Keywords:** Guidebook; Huagudeng Folk Music; Folk Music Major; Fuyang Normal University; Anhui Province; China

## **Introduction**

The art of Huagudeng originated in the Xia Dynasty, and developed into a more systematic art form in the Song Dynasty, occupying a pivotal position in the folk song and dance art. The art of Huagudeng is deeply rooted in both sides of the Huai River. Since its birth, it has been popular with the vast audience in a long historical period. It is still widely popular in Anhui along the middle reaches of Huai River, Huainan and Fuyang. It not only has unrestrained and unrestrained dance, but also cheerful and warm gongs and drums and elegant and beautiful lamp songs and interesting little plays. Huagudeng is passionate, unrestrained,

agile, dexterous, beautiful and delicate, with both tragic and comedic elements, highlighting the aesthetic characteristics of Chinese Han folk song and dance art, and focusing on the main characteristics of Chinese Han folk song and dance form; At the same time, Huagudeng is a typical folk square art, and its comprehensive artistic value and social function value attract attention (Chen, 2010).

Folk culture is the spiritual and cultural symbol of a nation and a country. Huagudeng originated from the folk, rooted in the folk, is originated and popular in the Huaihe River basin, as a unique folk culture. The folk and national characteristics of Huagudeng music make it able to spread from year to year. Therefore, Huagudeng is not only a folk art, but also a living folk-art form, for such a traditional folk culture, we should pay attention to it to protect and inherit it. The people of the Huaihe River have always had the ancient tradition and excellent quality of singing and dancing. Under the comprehensive effect of the specific historical conditions, geographical environment, mode of production, cultural concepts, folk customs and other conditions in this area, they formed their own unique beauty concept, beauty taste and special ways of expressing emotions, and created their own song and dance culture. It is in this rich cultural soil that a variety of folk cultural forms with strong local characteristics and various intangible cultural heritages, represented by Huagudeng, have been formed (Li, 2006:4).

Chinese dance culture is extensive and profound, and the Huagudeng art spread in the Huaihe River basin is one of its main representative cultures. Huagudeng is not only a folk art, but also a living folk-art form. The reasonable development and utilization of this local art resource not only conforms to the development trend of education localization, but also the main demand of local education development. However, for a long time, due to the influence of multiple factors, this resource has not been rationally and effectively exploited in the colleges and universities in the Huaihe River basin. Therefore, it is of practical significance to study how to effectively develop and utilize local music curriculum resources in this local college, which also provides rich soil for the inheritance and development of this folk art (She, 2007).

Today's world has entered an era of cultural diversity. With the rapid development of the world's science and technology and economy, the process of global integration has been further accelerated, and an unprecedented speed of development has appeared in various fields, and various regions have become more closely connected. The discovery and inheritance of multi-culture is an important trend in the development of human society in the process of modern globalization and modernization. In the current international environment, the continuation and renewal of cultural diversity are facing new challenges. The rapid trend of global economic integration and the accompanying entry of Western values have brought about great changes in Chinese society rarely seen in history, and the traditional social soil and human environment on which local traditional music culture depends are facing unprecedented changes and challenges. Some traditional music cultural resources are in the condition of being lost and dispersed. In order to cope with the many challenges brought by the development of multicultural society, to realize cultural equity and cultural inheritance and development in the ethnic areas, we must start from the root of culture. Traditional culture, as a way of inheriting sexual life, is a specific national gene in multi-culture. "Traditional music culture is an endless cultural phenomenon that communicates the material and spiritual life of the general public, reflects the will of the local people, and learns and inherits from generation to generation mainly through people as carriers." Traditional music culture carries the national spirit, and the national spirit permeates the traditional music culture. The national music culture is the

condensation and accumulation of the cultural wealth of the ancestors for thousands of years, which carries the aesthetic and feelings of the working people and is an important cultural memory of the Chinese nation (Dai & Cui, 2009).

In the era of deep integration of diverse cultures, we need to pay attention to the stability of the foundation of traditional culture to ensure that traditional culture will not be marginalized when foreign cultures infiltrate, so we need to pay more attention to the development of traditional music culture. With the increasingly fierce development of globalization, all countries are emphasizing cultural identity, and traditional music culture also reflects certain social value in enhancing national self-confidence.

Traditional music culture, as a treasure left in the long history, has a unique appeal and distinctive characteristics and charm in traditional music works, which embodies the spiritual civilization of the Chinese nation and is the external embodiment of national thought. The inheritance and development of traditional music culture needs more people to devote themselves to it and practice it. As a base for training high-quality talents, colleges and universities also need to shoulder the heavy responsibility of inheriting and developing traditional music culture in music education.

In view of the above reasons, the researcher will analyze the value of Anhui Huagudeng folk song music culture of local music in her hometown based on her own work experience and geographical advantages of her hometown, and analyze the development status of Anhui Huagudeng folk song music culture in current college music education. The researchers put forward the integration strategy of promoting the reform of music education in local universities and the development of AnHui Huagudeng folk song music culture, and finally decided to build the "*AnHui Huagudeng folk song teaching guidebook*" for students from the College of Music and Dance of Yang Normal University.

### **Research Objectives**

- 1) To study the Huagudeng folk Music from the experts.
- 2) To construct the guidebook of Huagudeng folk music for teaching folk music major student at Fuyang Normal University, Anhui Province, the People's Republic of China.
- 3) To experiment the guidebook of Huagudeng folk music for teaching folk music major student at Fuyang Normal University.
- 4) To evaluate the guidebook of Huagudeng folk music for teaching folk music major student at Fuyang Normal University.

### **Research Methodology**

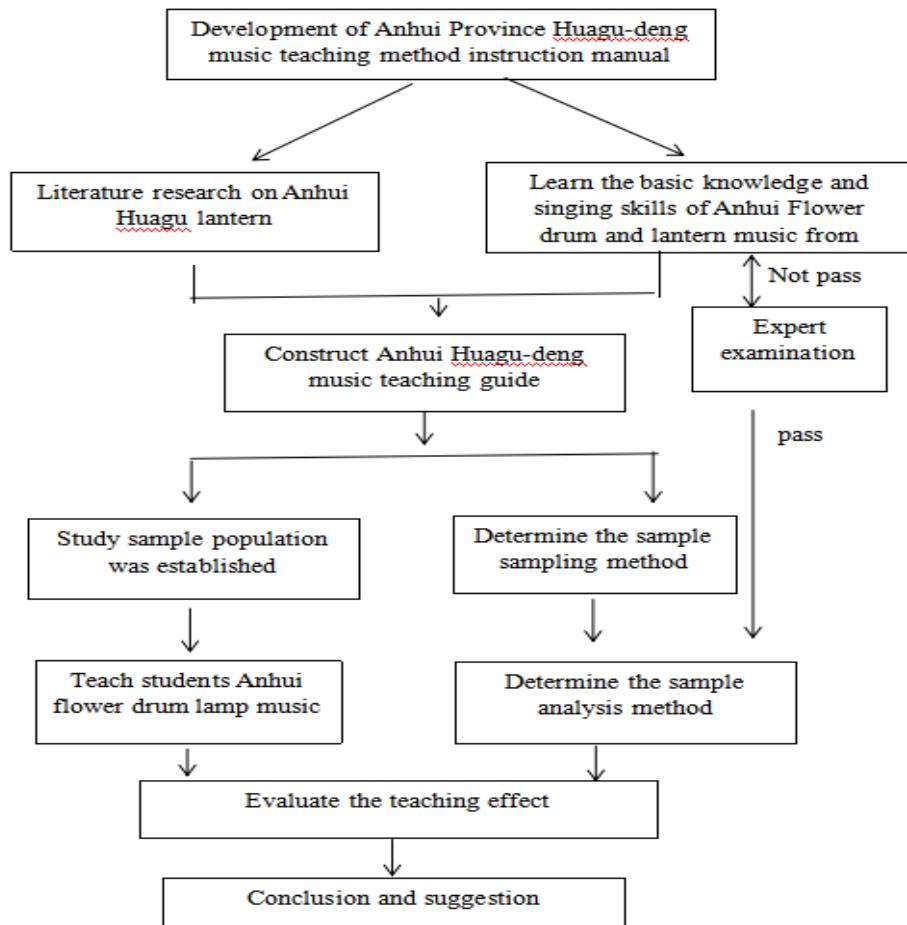
This study will adopt mixed method research which combining of qualitative and experimental research methods.

- 1) Collect the scores of ethnic music with Huagudeng music.
- 2) Interview with folk musicians and folk music teachers in the conservatory of music.
- 3) Experimental research

The population for experimental research was 80 sophomore students majoring in national vocal music in the College of Music and Dance of Fuyang Normal University.

The sample was 20 sophomores majoring in music education in Music and Dance College of Fuyang Normal University were randomly selected.

## Conceptual Framework



**Figure 1** Conceptual Framework

## Research Findings

### 1. Learn and collect Anhui Huagudeng folk music knowledge

Through interviews with experts and literature search, researchers have mastered the singing skills of Anhui Huagudeng music and enriched their teaching experience. The researchers summarized the results of interviews with experts, who agreed that students should learn the basic knowledge of Anhui Huagudeng folk music, genre knowledge and Anhui Huagudeng famous repertoire. In teaching, it is necessary to start with the simplest basic knowledge of Anhui Flower drum and lantern music to avoid students feeling difficult to learn, resulting in rejection and boredom, using some interesting teaching methods to help students learn Anhui Huagudeng music, such as picture display, music appreciation, video appreciation, etc., which will help stimulate students' interest and enthusiasm in learning Huagudeng music. Professional tests are used in assessments to examine how well students are learning.

Anhui Huagudeng Folk music is a very important part of Anhui Huagudeng. The connotation of music as an art form lies in culture. The moving charm of traditional music mainly focuses on its cultural and aesthetic elements. Therefore, whether it is content, method or environment of music education, teachers and students should be placed in a beautiful atmosphere. Therefore, in the reform of college music education, we must pay attention to the aesthetic education of traditional music culture and cultivate students' aesthetic ability. Specifically speaking, in the selection of teaching materials and content, we should integrate more elements of traditional music culture as an important way to promote and develop traditional music culture. Traditional music culture has been spread in the long history and has high artistic value. Many classic traditional music works have distinctive and moving melody beauty, rhythm beauty, artistic conception beauty, structure beauty and melody beauty, which are the aesthetic elements contained in traditional music culture. In college music education, teachers can give full play to their professional knowledge of music and conduct in-depth analysis of the aesthetic elements, so that students can enjoy the colorful traditional music culture while learning music knowledge, and thus have a strong interest in the beauty of national and folk music. It lays a good foundation for students to learn Anhui Huagudeng local music, and plays a positive role in spreading and inheriting the intangible cultural heritage of Anhui Huagudeng music.

## **2. Construction of Anhui Huagudeng folk song education teaching curriculum**

The researchers constructed a teaching guide of Anhui Huagudeng folk songs for sophomore national vocal music students of the College of Music and Dance of Fuyang Normal University, and learned from Anhui Huagudeng experts. There are 16 courses in the course plan. The first part is to learn the basic theoretical knowledge of Anhui Huagudeng music, including the origin of Huagudeng music, the development history of Huagudeng music, the performance forms of Huagudeng music, the singing methods of Huagudeng folk songs and singing 10 famous Anhui folk songs. The second part is the practical training of Anhui Huagudeng folk song singing, including singing the lyrics, pitch rhythm, singing skills and local language pronunciation of each song. In the part of teaching singing practice, the professors learn different singing skills and singing methods according to different song creation backgrounds, so that students can easily master the singing skills and singing characteristics of the song in an easy-to-understand way. The third part analyzes the important and difficult points of the teaching materials, and analyzes and interprets the key points and difficult points of different styles of song teaching, improves the singing ability of students' works to different degrees, and gives students greater vitality in learning Anhui Huagudeng folk songs. The fourth part is the final examination and conclusion of the course. After the compilation of Anhui Huagudeng National folk music teaching guide, three expert teaching guides will be invited to evaluate, the three experts agreed that Anhui Huagudeng folk song teaching guide is rich in content and extensive knowledge, experts believe that the teaching guide can be implemented. Anhui Huagudeng folk music is a very important part of Anhui Huagudeng, students should pay attention to the study of Anhui local ethnic culture, for Anhui Huagudeng intangible cultural heritage to do a positive spread and inheritance.

### **3. Lesson plan of using experimental group teaching**

In the teaching of national vocal music students in the College of Music and Dance of Fuyang Normal University, Anhui Huagudeng folk song teaching guide includes the class time, place and learning content of each course. The effect of singing Anhui Huagudeng folk songs has passed the pre-teaching test and post-teaching test, and the change of the test scores of the students is studied and analyzed. Through the study of Anhui Huagudeng folk song teaching guide for a period of time, we can see the progress and changes of students after learning Anhui Huagudeng folk song teaching guide from the results of data analysis.

### **4. Evaluation of the teaching effect**

It is feasible to put into use the Huagudeng teaching guide for the sophomore national music major students in the Music and Dance College of Fuyang Normal University. Through a semester of teaching practice, a total of 16 weeks, 32 class hours, on the basis of pre-test and post-test data analysis of students, the teaching effect of teachers after the implementation of Anhui Huagudeng folk song teaching guide has been significantly improved. It has more effective innovation and promotion of Anhui Huagudeng music, especially the students' singing and performance ability of Anhui Huagudeng folk songs has been improved. Anhui Huagudeng folk song teaching guide used in teaching is relatively satisfactory. According to the data analysis, both the students and the teachers believe that the Anhui Huagudeng Folk song teaching instruction manual can effectively improve their singing and performance ability.

## **Discussion of research results**

### **1. Learning and collecting knowledge of Yunnan Lantern**

In the teaching of Anhui Huagudeng music teaching curriculum guide, the researchers carried out teaching experiments from the three aspects of Anhui Huagudeng folk song theory teaching, singing method teaching and singing practice teaching.

Anhui Huagudeng folk song and dance art permeates the Zhuhe River basin people's living conditions, lifestyles, life beliefs and habits of thinking, in the eight hundred miles of Huaihe wide area, in terms of Huaiyuan, Fengtai, Yingshang, although adjacent to each other, Huagudeng art styles absorb each other and penetrate each other, there are many similarities, but very different, each has its own characteristics, each has its own strengths. In addition, the artists' different quality conditions and artistic accomplishment have formed different styles and schools. The music of Huagudeng has its own rich music composition system, melody system and technical system. The composition system of Anhui Huagudeng music is inextricably related to mainstream social music or art music. It is not only one of the sources of mainstream social music or art music, but also the absorption and simplification of mainstream social music or art music. Therefore, the study of the composition of Huagudeng music is of great significance to the study of mainstream social music and art music.

Nationality should be reflected in the music class, especially in the college music class. This is because only with a strong ethnic identity can such works of art resonate with, be loved and understood by students of this ethnic group, because people generally have a good impression on familiar things, because only familiar music and music related to their ethnic group are easier for them to accept. The more national the music is, the more it has a mass base, and the social function can be fully brought into play, and the vitality will be enduring.

Folk music seems to be far away from college students, but the development and inheritance of Anhui Huagudeng music still need to be explored from college students.

Nationality should be reflected in the professional music class, so that students can contact and understand will be the best shortcut to spread and inherit Anhui Huagudeng folk songs. This is because only with a strong ethnic identity can such works of art resonate with, be loved and understood by students of this ethnic group, because people generally have a good impression on familiar things, and only familiar music and music related to their ethnic group are easier for them to accept. The more national the music is, the more it has a mass base, and the social function can be fully brought into play, and the vitality will be enduring. We will try to let Anhui Huagudeng folk songs into the university campus, has great educational significance, to convey the education decision-makers to the national music education into the university. Anhui Huagudeng art, known as the soul of the Huaihe River, should be further carried forward and we protect this cultural treasure of the Chinese nation (Meng, 2011).

## **2. Construction of Yunnan Huadeng course plan**

On the research of Anhui Huagudeng art theoretical knowledge, the researchers combined with the analysis of the statistics of the interviews with experts to construct the teaching guide of Anhui Huagudeng folk songs, which is the innovative achievement of the researchers. First of all, local colleges and universities should combine the actual situation of their own colleges and universities, strengthen the construction of national folk music teachers, train teachers with Anhui Huagudeng music teaching ability, and research and formulate the teaching content of Anhui Huagudeng music teaching guide. Secondly, after repeated argumentation by experts, the school of Music and Dance arranges the correct teaching plan, chooses the appropriate teaching materials, ensures that the course content is connected with practice, provides students with more opportunities to learn Anhui Huagudeng music, and allows students to truly feel its unique charm. Finally, the school should integrate Anhui Huagudeng music into campus culture through various channels, such as inviting Anhui Huagudeng inheritors to campus for face-to-face on-site teaching, inviting experts to conduct Anhui Huagudeng professional knowledge lectures, introducing the charm of Anhui Huagudeng folk music to students, and using campus radio to play beautiful folk music. Make students always get the influence of folk music, hold Anhui Huagudeng folk song interest learning classes, carry out Anhui Huagudeng folk music knowledge competition, add Anhui Huagudeng art, Anhui folk songs and other books in the campus library (Wu, 2012).

## **3. Lesson plan using experimental group teaching**

By learning the theoretical knowledge of Anhui Huagudeng music, researchers improve the content of Anhui Huagudeng music teaching course guide, and develop and create new course contents as follows: First, researchers collect relevant materials and compile Anhui Huagudeng music teaching guide according to the characteristics of Anhui Huagudeng music and focus on the main purpose of learning Anhui Huagudeng folk song teaching guide. Lead the students to learn theoretical knowledge and singing practice, and analyze and solve the important and difficult points of Anhui Huagudeng folk song learning. Finally, the students' learning effect is tested and evaluated.

In the teaching process of Anhui Huagudeng folk songs, the professors will teach by combining traditional teaching methods with multimedia teaching tools, learn the music theory knowledge and singing skills of Huagudeng, and integrate them into the teaching classroom, so that students can master standardized vocal methods and singing points on the basis of mastering the theoretical knowledge and development history of Anhui Huagudeng. In the

process of singing and performance, enhance students' performance and innovation ability. Teachers should not only pay attention to the basic knowledge of students, but also pay attention to the cultivation and improvement of students' comprehensive ability, cultivate students' love for local ethnic culture and traditional music education, and stimulate students' internal drive to learn Anhui Huagudeng ethnic folk music. Better integration of folk music into local college music classes plays an important role in inheriting and developing folk music culture, which is also the responsibility of professional music teachers in the new era. While the reform of college music education continues to advance, the teaching of folk music is also gradually developing, and Anhui Huagudeng music can be more widely spread and inherited (Huang, 1991).

#### **4. Evaluation of teaching effect**

The researchers evaluated the students' ability from different angles by analyzing and comparing the students' performance before and after the test.

In order to make Anhui Huagudeng folk music course better developed, in the construction of campus culture, as a professional music teacher should create a harmonious atmosphere to learn folk music on campus. For example, the establishment of a folk orchestra and choir, the use of campus radio to play the beautiful Anhui Huagudang folk music, so that students always get Anhui Huagudeng folk music influence, more campus folk music song contests, can invite some Anhui Huagudeng music inheritors to hold some lectures or concerts. According to the local music characteristics of Anhui Huagudeng music intangible cultural heritage, targeted selection and organization of programs for "on-site" presentation, and included in teaching practice activities. This not only enhances the artistic charm of students' learning and inheriting the intangible cultural heritage of Anhui Huagudeng Music, but also strengthens the sustainable foundation of inheritance.

Colleges and universities can also take advantage of existing resources to carry out relevant academic research, cooperation and exchanges in a targeted manner, expand the regional characteristics of intangible cultural heritage, strengthen local language memory, adhere to national identity and protect the national spiritual home. Music and art education should play a stronger role in this regard (Guo, 2010).

### **Suggestions**

#### **1. Practical Recommendations**

Under the background of globalization, national culture, local culture and mother tongue culture have become the focus and hot spot of social attention. How to protect the fine traditional culture of our nation? How to inherit the national music culture? How to inherit national music culture in school music education? These are important problem that our country's music education theory and practice research must face directly.

College music education undertakes the historical mission of national music culture inheritance and is the bridge and bond of national music culture inheritance. The characteristics, modes, patterns and systems of college music education provide conditions and guarantees for the effective inheritance of national music culture. At the same time, the national music culture also acts on the music education in colleges and universities, providing a higher occupation and vision for school music education, which is the necessary guarantee for cultivating students' sound personality and all-round development, and is the enrichment and deepening of school music education.

As an important carrier of national culture, Chinese folk music has experienced the temper of history and has strong vitality. Local folk music can convey the excellent thoughts of the nation from melody to lyrics. It has a long history, various kinds and different styles. Learning local folk music can not only inherit the national spirit and enhance the national cohesion, but also stimulate people's national pride, self-confidence and cultural identity. It is of great practical significance to strengthen local music education for teenagers, which is conducive to teaching reform and forming a set of organic teaching ideas and teaching system. Through teaching activities, students not only have a more intuitive, more profound and more unforgettable cognition of local music, but also understand the unique spiritual temperament and charm of local folk music.

In the development of Anhui Huagudeng music, teaching resources should be fully developed to enable students to have a deep understanding of Anhui Huagudeng folk songs, and help them close contact with local music folk songs and understand its cultural connotation. Not only does it help with singing, but it can also change people's perception of learning traditional music. Therefore, as long as students can consciously understand the local music culture, accept and form a correct understanding of folk songs, they will be fonder of Anhui Huagudeng music. It is more conducive to the development of Anhui Huagudeng folk songs, to achieve the integration with world music, to promote the development of students' comprehensive ability, to improve the cultivation of spiritual civilization, and has a role in educating people.

## 2. Recommendation for future research

The splendid Chinese culture is the joint creation of all ethnic groups, and the cultures of all ethnic groups add radiance to each other. Anhui Huagudeng music is popular among local people because of its lively, easy to understand and close to folk life, and Anhui Huagudeng performance has been included in the national intangible cultural heritage list. Anhui Huagudeng music is the accumulation of Anhui local national culture, is an important part of traditional culture, in Anhui local music culture has a strong force to unite the spirit of the Chinese nation.

Chinese national music is an important part of China's excellent traditional culture. With a long history, Chinese national music embodies the essence of Chinese traditional culture, including the Han nationality and minority nationalities. It has the commonality of Chinese traditional culture and the unique musical culture of each ethnic group. Anhui Huagudeng folk song is the important content of national music, folk song is a part of human culture, the history of folk song is the history of human civilization and progress. Originating from the folk, folk songs are a unique cultural carrier of the Chinese nation and a precious intangible cultural heritage, reflecting each nation's unique history and culture, astronomy and geography, customs, thoughts and emotions, national spirit and so on. Marx said, "Folk songs are the only historical legends and Chronicles." It can be seen that learning folk songs is an important part of inheriting excellent traditional Chinese culture, which is fully consistent with the idea of "cultivating morality and cultivating people" emphasized in the report of the 18th National Congress of the Communist Party of China and the requirements of "moral education first and ability first" put forward in the Outline of the National Medium and Long-term Education Reform and Development Plan (2010-2020).

The development core literacy system of Chinese college students fully inherits and embodies the core thought of moral cultivation in China's excellent traditional culture, as well as the ethical and moral education in traditional education. China's traditional culture contains

a wealth of ideas about personal cultivation, many of which are still of great value for reference and inheritance today, such as benevolence, filial piety and patriotism, courtesy and humility, integrity and self-discipline. The main contents of traditional education have important value of inheritance and education in today's school education.

With the further reflection on the issue of local music inheritance, we find that the cognitive attitude towards local traditional music in college music education courses is positive. We should further explore how to make more effective use of the advantages of local colleges and universities to inherit the splendid local music cultural tradition in China. Only by focusing on cultivating local musical forms and building a more open stage for Anhui Huagudeng folk music can we maintain the vitality of local culture in Anhui, so that such musical forms can introduce more audiences, occupy a place in the multicultural world, extend their status, and reproduce more artistic works.

College students are the future pillars of the country and the builders of The Times. College students' cognition of Anhui Huagudeng music influences the later development of Anhui Huagudeng music. Students should not only inherit and perform, but also play the role of appreciating local music and creation. Therefore, the introduction, publicity and teaching of Anhui Huagudeng music in local colleges and universities is the best inheritance and protection of Anhui Huagudeng music.

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