

The Artistic of Thai Music and the Music Appreciation

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Abstracts

Music is a medium of understanding for all nations that have experienced it. Music can make the listener feel different. We humans have a deeply intelligent brain that can invent tools that produce various sounds (musical instruments) including high, middle, and low sounds, and then compile them until they are beautiful, influencing human emotions greatly. Every race has music, but the difference is the instrument they conceived. Musical instruments are the source of music invented by man. Therefore, each nation may differ according to the idea, environment and materials that exist in that nation. Musical instruments have a history. Lasts longer than music because musical instruments have played a role in life before. In a communicative manner. Signs such as hitting armor Knock on wood, blow mouth, etc. Music not only provides emotional enjoyment, but also expresses the prosperity of national arts and culture. The musical instrument is not only the birthplace of melodious colors but is also the art of each beat with shapes, colors, production patterns, as well as performances that are unique to that nation. This article presented the artistic of Thai music and music appreciation.

Keywords: Artistic; Thai Music; Music Appreciation

Introduction

Music contributes to the development of human nerve potential, acting as a bridge and path to thought. Learning in the human brain It helps develop human emotions to have a positive tendency as well as help to achieve inner peace of mind as well. The author is of the opinion that activities that relax and bring peace of mind. It can be caused by a variety of activities depending on the individual's preferences or integrity. Some people like to dance, some people like to sing, some people like to dance.

The music has all the virtues of it, it can be used as Jindaka Burin to the human Garuda Devaraj. Central Chatubaht Panasin Forest, even when we blow it to hear, it ends up angry. The purpose of this text is to explain the benefits of music, whereby the melody of slow tempo music will bring relaxation, calmness, concentration and calm the mind, while music with a fast tempo will make it emotional, bright and cheerful, encouraging listeners and instrumentalists to develop emotionally. Intelligence and society which can be applied in daily life. Music is the sound that arises from the creation of wisdom. Humans have been Tidy arrangement There are clear patterns and structures, with the main elements being rhythm and melody. It can be considered as the language of emotions, a universal language that people of all races understand. It is the medium that will lead man to Understand each other well. It creates aesthetics, minds, beauty, and national identity, so it is considered a heritage. Music can be used in three main ways: aesthetic, educational, and therapeutic. Music therapy is the

process of treating music by using musical activities such as singing, playing musical instruments, composing songs, or listening to music that is designed to suit each patient (Morache, 2014).

The goal is not to enable participants to play good music, but for therapeutic purposes, namely repair, maintenance, development, mental health, physical health, and skills in 2 from Sunthorn Phu's Abhayamani. When Abhayamani and Srisuwan met the three Brahmins, the Journal of Music of Ban Somdej Vol. 2, No. 1, others improved, such as physical, social, emotional, and intellectual, which is the systematic application of music-by-music therapists in an environment provided for therapeutic purposes. Aim for behavioral changes of the treated persons to be in a normal state. Music is what influences the human mind. Relieve the gloom In line with the idea of Pythagoras believing that music in human life has an impact on health, Aristotle and Plato say that music has an influence on healing and healing can affect or affect human health and behavior by using sound as a medium to put the perceived person in a state of mind that is directed in the same direction and meditates. Music can be treated because the sound waves of music affect the functioning of brain waves. In addition, the rhythm of music at the appropriate speed or equal to the pulse of that sound will make us feel balanced and comfortable because music is about happiness (Joan, 1991).

Music Appreciation and value

Einstein said, "If I wasn't a physicist, I might be a musician. Most of life's happiness comes from music" (Joseph Eger, 2007: (cover) Music therapy has evolved from a legend of history over 5,000 years. When it comes to music, we always feel good because music makes us happy. Entertaining, easy. In the past, we knew music in aesthetic and educational terms and it was not easy to find music, but nowadays it is globalization that we can find music all the time, and the common place is that medical science has discovered that music can be used to treat human illnesses as well as improve the quality of life. The battle knows each one.

Music is an art that is easy to touch. It was said that music is a universal language because it can convey the feelings of all peoples even though they are lucky. Auditory nerves are normal, so you can find pleasure from listening to music. Scientists have found that music stimulates the functioning of the autonomic nervous system. It causes physical changes in respiratory rate, heartbeat, blood pressure. Iris response, clammy tension, and psychological consequences are that music can cause Changes in mood, consciousness, consciousness. The key elements that make music pleasing and delightful to the toucher are the rhythm, melody, loudness and quality of sound (resonance and color).

Rhythm refers to the movement of sounds over a period of time, or the shortness of sounds. Rhythm is at the heart of music. Slow speed and rhythm type can stimulate the mechanisms of various body systems. It can trigger emotional responses, such as fast beats, which trigger excitement. This makes the pulse beat faster. A slow rhythm creates a feeling of calm, coolness, and a slower pulse. Moderate rhythm or rhythm with a speed close to normal heart rate of about 70-80 beats per minute will cause a feeling of relaxation.

Types of rhythms, such as marches, help create energy. Rock beats will cause excitement. Cha-cha-cha-rumba rhythm will evoke a sense of fun. enjoy We can take advantage of the rhythm of music, such as concentration, calmness, physical energy. Be encouraged (Morache, 2014).

Musical Melody

It causes emotions more clearly than rhythms, causing impressions just like lyrics. The melody helps to make the tri more pleasant to listen to because it causes a variety of emotions, such as a cheerful, joyful, refreshing melody, a sweet melody or a melancholy, calm melody. At the time of our illness. Our emotions are not normal, not refreshing because physical illness results in mental illness as a continuous cycle. If one thing improves our mood, it can reduce physical illness. Quality music has been proven to create happiness and peace of mind. Someone once said that having music around the house is like having food and vitamins that help keep the body healthy.

Sound intensity or loudness (Intensity)

The volume of the sound can cause muscle spasms, and a constant sound for a long time can cause fatigue. The main thing that makes music quality is less Resonance Sound clarity Human beings depend on the larynx, throat organs, mouth, nose. The colour of the instrument depends on the material. Musical instrument styles, including Is the quality of the sound the first thing that attracts listeners? Different types of musical instruments also have different quality of sound.

Sound intensity or intensity: The amount of intensity of the measured sound is expressed in decibels. Humans can listen to sounds ranging from 0-120 decibels of speech. Plain talk. About 50-60 dB The loudest start is 80 decibels. Prolonged listening can cause stress, such as heavy traffic on the road (80), machinery in printing shops (100), pneumatic road drills (90), fans, or coughing machines (100), sounds that are louder than 100 decibels. The inner ear causes ear pain, the eardrum breaks, turning into an ear. Deafness, like the sound of a jet plane (130 dB) Close-up lightning sound (120 dB) Results of the examination Hearing conditions of traffic police working on the road Most people have hearing problems and deteriorate faster than normal people. Loud noises It can cause muscle spasms and loud and durable sounds can cause fatigue.

Sound quality (resonance clarity, color) is important to how much quality music is there. The clarity of the human voice depends on the camera, the sound of the throat, mouth, nose. The clear and soft resonant water will make the listener

The color of the instrument depends on the material, form of the instrument, as well as the occurrence of music in various ways. Different types of music also have different quality of sound. What kind of instrument to choose to play? Frog boarding Objectives and preferences of players, such as the guitar is a resonant instrument. melodious lane method is different, Khim is good and guitar is used to strum playing Khim will help to concentrate when playing music melodic with a slow tempo will bring peace and relaxation. The guitar part makes it fun. Enjoy, relax. Tension. Anga down used to shake. The piano helps to create a lot of imagination because it has a lot of volume. There are also musical instruments used. Violin, flute, piano helps relieve some kinds of pain, such as headache, etc. Happiness or suffering either way. Therefore, we should pay attention and use music to improve our quality of life. Convenient and safe

Comfortable rhythmic music helps to relax

Music is sound without boundaries. Some people have music. Music is part of the making. Activities such as listening to music while driving, listening to music during exercise, listening to lullabies before bed, etc., have become part of lifestyle and daily life, thus demonstrating the influence of music on the minds of many people. In addition to entertainment, there is also Music Therapy Theory, which is a medical theory that combines the science of psychology and the arts of psychology. Music blends together seamlessly and adapts to treatment, development, and wellness therapies. Physical, mental and social conditions as well. According to Buckwalter medical research et.al 1985, it is determined that the treatment of the disease through the The mind with the use of music therapy will help reduce anxiety. fear Add animation and create More motivation. It can be used to restore the physical and emotional condition of the patient to feel relaxed. It relieves both physical illness and reduces stress, improves mood and mind, and also has a positive effect on brains, too (Fine Arts Department, 2000).

Benefits of Music - Listening to Music

Listening to fun rhythmic music will stimulate Blood flow As a result, the heart is healthy and can create motivation during exercise.

Relieve stress and make a good mood because music has a profound effect on the body and positive energy. Reduces pressure and anxiety Helps the body relax As a result, the mental state is good (Research and Development Institute, 2013).

The Artistic of Thai Music

At present, there are 3 main types of Thai band mixing, namely Pipath, String Instruments and Mahori. In the Pi Path circle The inner and outer piper are fixed musical instruments. Therefore, it must create a sound to match and then rely on the inner pike as the main comparable to the sound of other instruments in the string ensemble. Therefore, we have to create a sound to match each other and then stick to the sound of the flute. In the major. The flute is used to calibrate the sound like a string instrument (Montri Tramot, 1997), so it is important to calibrate the sound so that in the band plays at the same volume, the music will sound beautiful. There are restrictions on playback, so the volume has been set to be used with these dryers. The volume is indicated by the name of the "way", which has 7 paths, each with a sound. The exact principle and determined by the position of the gong ball of the big gong. As shown in Figure 4, the Do sound is defined as the main sound of the There is a change of position one vote at a time until all 7 directions are reached (ICOMOS Charter of Thailand, 2015).

The 1st way, the way in the lower or just the way down, the sound of the do is on the 3rd and 10th gongs, which this 10th gong is called the only way, so it is called the only way.

The 2nd way in, called by the name Pi Nai, used in this sound, is at the 4th and 11th gongs.

Way 3 Middle Way Called by the name of the middle pi, used in this sound, the sound of the 5th gong and 12th

Way 4: Low Outside, or Just the Upper Way, or the Great Way. Called by name, flute only, or The low outer pier used to accompany this sound, which is the way of the majors and strings. The voice is on the 6th gong and 13th

Way 5 Outside or gravel or Sapha or hardwood way Called by the name Pi Nok or gravel flute used to accompany this sound. The sound is on the 7th and 14th gongs.

Way 6: Hoarseness or Middle Hoarseness It's called after the middle of the pitch that needs to be blown hoarsely. The sound is on the 1st, 8th and 15th gongs.

Way 7: Java Way It is called by the name Javanese pi, which is used in this sound, and this way is also used for illustration. Javanese Pi Mix The sound is on the 2nd, 9th and 16th gongs."

Thai music is a captivating fusion of rich tradition, cultural diversity, and artistic innovation. Rooted in a history that spans centuries, it reflects the essence of Thai society and the creativity of its people. From traditional folk music to contemporary adaptations, the artistry of Thai music is a testament to the country's cultural heritage and its ability to evolve with the times.

A Diverse Musical Landscape

Thailand's diverse landscape mirrors its musical tapestry. The country's geography, comprising mountains, plains, and coastlines, has played a pivotal role in the development of various musical styles. Traditional Thai music can be broadly categorized into four main regional forms:

Northern Thai Music: The northern regions, with their hilly terrain and cooler climate, have given rise to unique musical traditions. Instruments like the khim (a dulcimer), saw (a fiddle), and the haunting melodies of the bamboo mouth organ, known as "khaen," are prevalent in this region's music.

Northeastern Thai Music (Isan): The Isan region has its own distinct musical style, characterized by the sombre notes of the phin (a lute-like instrument) and the rhythmic beats of the khaen. Isan music often accompanies traditional dance performances.

Central Thai Music: Central Thailand, home to the bustling capital city of Bangkok, boasts a rich musical heritage. The classical ensemble of piphat, featuring instruments such as the ranat thum (xylophone) and pi (flute), is widely recognized as a symbol of central Thai music.

Southern Thai Music: The southern regions, with their coastal charm, bring a maritime influence to Thai music. The "nora" ensembles use drums and gongs to create lively, rhythmic compositions, often accompanied by dance.

Traditional Thai Instruments

Thai music is characterized by a wide array of traditional instruments that lend it a unique and enchanting quality. Some notable instruments include:

Ranat (Xylophone): The ranat is a percussive instrument comprising wooden bars suspended over resonators. It is played with mallets and is integral to many Thai compositions.

Khim (Dulcimer): The khim is a stringed instrument with metal strings struck with small mallets. Its ethereal sound adds depth to traditional Thai orchestras.

Saw (Fiddle): The saw is a bowed string instrument with a distinctive resonating chamber, producing captivating melodies often heard in northern Thai music.

Piphat Ensemble: The piphat ensemble is a classical orchestra that combines a range of instruments, including drums, gongs, flutes, and xylophones to create harmonious compositions.

Khaen (Bamboo Mouth Organ): The khaen, made from bamboo pipes, is a haunting instrument played in northeastern Thai music. Its unique sound evokes the region's cultural heritage.

Conclusion

In conclusion, the world of Thai music offers a rich and diverse landscape that is deeply rooted in tradition, culture, and history. It is a testament to the artistic genius of the Thai people and their ability to create music that not only reflects their heritage but also resonates with a global audience. Thai music is a true work of art, combining intricate melodies, unique instruments, and profound lyrics that invite us to explore a world of emotions, stories, and spirituality.

Music appreciation is not merely an auditory experience; it is a journey into the heart and soul of a culture. Thai music offers us a unique opportunity to bridge cultural gaps and immerse ourselves in the beauty of a musical tradition that has thrived for centuries. By understanding the artistic aspects of Thai music, we can gain a deeper appreciation for the ingenuity and creativity of musicians who have passed down their craft through generations.

As we continue to explore the world of Thai music, it is important to approach it with an open mind and a willingness to learn. By doing so, we can cultivate a greater sense of understanding and respect for the artistic value of this ancient musical tradition. Ultimately, the appreciation of Thai music enriches our lives, broadens our horizons, and reminds us of the universal power of music to connect people across borders, cultures, and time.

In the spirit of celebrating the artistic beauty of Thai music, let us continue to listen, learn, and appreciate this enchanting art form that serves as a testament to the enduring power of human creativity and expression.

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